

STOMPIN' COWBOYS DANCE CLUB

105 BIRCHWOOD BLVD, HOPPERS CROSSING 3029. TELEPHONE 9734 7677 – 0417 501131

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THE REEL

MUSIC: BY SECRET GARDEN from their CD "EARTHSONGS"
CHOREO: SHIRLEY SMITH, STOMPIN' COWBOYS, VICTORIA, AUSTRALIA
LEVEL: EASY INTERMEDIATE
INTRO: WAIT 16 BEATS - LEFT FOOT LEAD
SEQUENCE: A, B, C, B, D, C, B, A, B, B*, D*

BEATS	CUE	BEATS	CUE
	<u>PART A - 32 BEATS</u>		<u>PART A - 32 BEATS</u>
8	DON'S PUMP	8	DON'S PUMP
4	TRIPLE - 1/2 R	4	TRIPLE - 1/2 R
4	FANCY DOUBLE	4	FANCY DOUBLE
16	REPEAT TO FRONT	16	REPEAT TO FRONT
	<u>PART B - 32 BEATS</u>		<u>PART B - 32 BEATS</u>
4	CANADIAN ROLL	4	CANADIAN ROLL
4	CRAZY LEGS TRIPLE - BK	4	CRAZY LEGS TRIPLE - BK
8	RUSTY'S PIVOT - 1/2 L	8	RUSTY'S PIVOT - 1/2 L
16	REPEAT TO FRONT	16	REPEAT TO FRONT
	<u>PART C - 32 BEATS</u>		<u>PART B* - 16 BEATS</u>
8	2 IRISH STEP(In place)	4	CANADIAN ROLL
4	HEELS'N'BALLS - 1/2 L	4	TRIPLE - 1/2 R
4	2 BASICS	8	RUSTY'S PIVOT - 1/2 L
16	REPEAT TO FRONT		<u>PART D* - 36 BEATS</u>
	<u>PART B - 32 BEATS</u>	32	4 APPALACHIANS - FWD & 3/4 R
4	CANADIAN ROLL	4	HALF YES MA'AM
4	CRAZY LEGS TRIPLE - BK		
8	RUSTY'S PIVOT - 1/2 L		
16	REPEAT TO FRONT		
	<u>PART D - 32 BEATS</u>		
32	4 APPALACHIANS - FWD & 3/4 R EA		
	<u>PART C - 32 BEATS</u>		
8	2 IRISH STEP(In place)		
4	HEELS'N'BALLS - 1/2 L		
4	2 BASICS		
16	REPEAT TO FRONT		
	<u>PART B - 32 BEATS</u>		
4	CANADIAN ROLL		
4	CRAZY LEGS TRIPLE - BK		
8	RUSTY'S PIVOT - 1/2 L		
16	REPEAT TO FRONT		



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THE REEL - STEP DESCRIPTIONS

DON'S PUMP (8)

(P) STO DS DS RS TCHH(F) H TCH(BK) H DR/K SL DR/K SL
L R L RL R L R L L/R L L/R L
& 1 &2 &3 &4 & 5 & 6 & 7 & 8

TRIPLE (4)

DS DS DS RS
R L R LR
&1 &2 &3 &4

FANCY DOUBLE (4)

DS DS RS RS
L R LR LR
&1 &2 &3 &4

CANADIAN ROLL (4)

DS DT HOP S(BK) S(F) S(BK) DT HOP S
L R L R L R L R L
&1 e& a 2 & 3 e& a 4

CRAZY LEGS TRIPLE (4)

DS(XIB) DS(XIB) DS(XIB) RS
R L R LR
&1 &2 &3 &4

BASIC (2)

DS RS
L RL
&1 &2

RUSTY'S PIVOT (8)

DS RS R H(WGT)-(TRN 1/2 L) S RS DS DS RS
L RL R L R LR L R LR
&1 &2 & 3 & 4 &5 &6 &7 &8

HEELS'N'BALLS (4) - TRN 1/4 L ON EACH SET OF HEELS

H(WGT&FWD) H(WGT&FWD) BA(BK) BA(BK) H(WGT&FWD) H(WGT&FWD) BA(BK) BA(BK)
L R L R L R L R L R
& 1 & 2 & 3 & 4

APPALACHIAN (8)

[DS DR S S DR S S]-(FWD) [DS DS DS RS]-(3/4 R) (Directions -
L L R L L R L R L R LR pertinent to this
&1 & 2 & 3 & 4 &5 &6 &7 &8 dance only)

HALF YES MA'AM (4)

DS DS R S(OTS) (P) TT(XIB)
L R L R L
&1 &2 & 3 & 4

IRISH STEP: (4) (IN PLACE)

DS(XIB) R(XIF) S(XIB) R(XIF) S(XIB) R(XIF) S(XIB)
L R L R L R L
&1 & 2 & 3 & 4