


The Hard Road

Choreo: David McGrath
 Music: Hilltop Hoods
 Level: Advanced
 Sequence: Intro A B C A* B C D Intro C E Ending
 Intro: Wait 16 Beats, Left Foot Lead

Beats	Cues	Beats	Cues
Intro		Part B	
8	Daydream Pull	8	Jazz Split
8	Liberty – ½ Left	8	2 Running Springs
8	Daydream Pull	4	Half Far Side
8	Liberty – ½ Left	4	Farmer
Part A		4	Pullback Pony
8	Funky Creep	4	Tennessee Chug – Full Left
4	Synco Tap Back Stomp	Part C	
4	Fast Doubles	8	Sophie Scissors – Left
8	Double Blind	8	Fallover Doubles
4	Mountain Gregory	8	Sophie Scissors – Right
4	Bounce Tuck	8	Fallover Doubles
Part B		Part D	
8	Jazz Split	8	Tennessee Hip Hop – Full Left
8	2 Running Springs	4	Double Double Flange Across
4	Half Far Side	4	Hop Tennessee Slide
4	Farmer	Intro	
4	Pullback Pony	8	Daydream Pull
4	Tennessee Chug – Full Left	8	Liberty – ½ Left
Part C		8	Daydream Pull
8	Sophie Scissors – Left	8	Liberty – ½ Left
8	Fallover Doubles		
8	Sophie Scissors – Right	Part C	
8	Fallover Doubles	8	Sophie Scissors – Left
Part A*		8	Fallover Doubles
8	Funky Creep	8	Sophie Scissors – Right
4	Synco Tap Back Stomp	8	Fallover Doubles
4	Fast Doubles	Part E	
4	SR Creeper – Fwd	8	Samantha Walk – Full Right
4	Bend Rock Pivot – ½ Right	8	Gangsta Chaser
4	Slap & Tennessee – ½ Right	Ending	
4	Triple Twister	32	4 Tennessee Freeze – ¼ Right on each
		16	2 Tennessee Freeze – ½ Right on each
		4	Tennessee Beats

Step Explanations – The Hard Road:

Daydream Pull

DS TnUp TnDn RS R HD(OTF) PULL S DS TchH- BA TchH- S
 L R R LRL R L L R L L R R
 &1 e&a2 e&a3 &4 & 5 & 6 &7 e & a 8

Step Explanations – The Hard Road (cont.):

Liberty

DS DT HOP TT(bk) TT(bk) S DT HOP TT(bk) TT(bk) S DT HOP TT(bk) S DT HOP TT(bk) SL
L R L R R R L R L L L R L R R L R L R
&1 e& a 2 & 3 e& a 4 & 5 e& a 6 &a7 e & 8

Funky Creep

DS HD- FLAP S HD- FLAP S BA LIFT/SL (P) TCH(ots) LIFT S(bs) DT K(fwd)/BA RS(fwd)
L R R L R R L R L/R L L L R L/R LR
&1 & a 2 & a 3 & 4 & 5 & 6 &a 7 &8

Synco Tap Back Stomp

(P) BA TT(bk) HOP S TT(bk) HOP S TT(bk) HOP STO(ots) STO(bs)
L R L R L R L R L R L
& 1 e & a 2 e & a 3 & 4

Fast Doubles

(P) HOP DT(fwd) HOP DT(ots) HOP DT(fwd) HOP DT(ots) HOP DT(fwd) HOP DT(ots) HOP DT(fwd) HOP DT(ots) HOP
L R L R L R L R R L R L R
& 1 oe & oa 2 oe & oa 3 oe & oa 4

Double Blind

(P) S DT- BAS DT- BAS S DT- BAS S K(fwd)/BA S S(fwd) DT- BA DT- BA TCH(f)
L R R L R R L R L L R L L R R L
& 1 e& a 2 e& a 3 e &a 4 e & 5 & 6 &a 7 e& a 8

Mountain Gregory

[DS TchH(ots) CLICK/CLICK(heels under) BO TchH(ots) CLICK/CLICK(heels under) BO TchH(ots)
L R L/R L R L/R L R
&1 e & a 2 e & a
CLICK/CLICK(heels under) BA DS(bs)] – (Move Right)
L/R L R
3 e &4

Bounce Tuck

(P) BO/BO(apart) BO/BO(tog) LIFT(tuck)/BO (P) S(fwd) (Pull arms back) BR HD- FLAP
L/R L/R L/R L R R R R
& 1 & 2 & 3 & a 4
tuck = bend knee tight in to body, hold ankle with both hands.

Jazz Split

DS DS(xif) DS(xib) DS(bs) (P) BA/HD(ots) RS(xif) DS TT- BA TchH- S
L R L R L/R RL R L L R R
&1 &2 &3 &4 & 5 &6 &7 e & a 8

Running Springs

(P) BA BR- BA BR- BA BR- BA BR- S (leg straight) (leg bend)
L R R L L R R L L L L
& 1 e & a 2 e & a 3 & 4

Half Far Side

DS DT(fwd) HOP DT(ots) HOP TT(bk)- BA DT HOP TCH(bs)
L R L R L R R L R L
&1 e& a 2e & a 3 e& a 4

Farmer

HOP DT(ots) BO/BO(tog) HOP DT(ots) BO/BO(tog) HOP DT- BA DT- BA(xif) S(ots)
R L L/R R L L/R R L L R R L
& oa 1 & oa 2 & oa 3 e& a 4

Step Explanations – The Hard Road (cont.):

Pullback Pony (starts with weight on Left foot)

HS(fwd) TT(bk) Pullback- BA TCH(f) BA TT K(fwd)/BA SLAP- BA(bs) S(fwd)
L R L R R L L R L/R L L R
&1 e & a 2 & a 3 e & 4

Tennessee Chug

DS TnUp SK DR(POP) SLAP SL/SL DR/DR LIFT/SL
L R R L R L/R L/R L/R
&1 e&a2 e & a 3 & 4

Sophie Scissors

DS TnDn(xif) TT- BA TchH- BA(xif) TT- BA TchH- BA(xif) TnDn(ots) TT- BA TchH- BA(ots) DT
L R L L R R L L R R L R R L L R
&1 e&a2 e & a 3 e & a 4 e&a5 e & a 6 &a
BA/BA(apart) BA/BA(tog) LIFT/SL
L/R L/R L/R
7 & 8

Fallover Doubles

DT- [BA(xib)/K BA(bs) S(xif) TT- BA BA(xib)/K BA S(xif)] – (moving R) (P) S(1/4 R)
L L/R R L R R L/R R L R
&a 1 & 2 e & 3 & 4 & 5
[DT- BA DT- BA DT- BA] – (move bk) RS(1/4 L)
L L R R L L RL
e& a 6e & a7 e &8

SR Creeper

DS BR- HD- FLAP S BR- HD- FLAP S BO/BO(apart) LIFT/BA(under)
L R R L L R R R L L/R L/R
&1 e & a 2 e & a 3 & 4

Bend Rock Pivot

(P) R(xib)/FLANGE BA S(ots) DS(xib) HD/HD(Pivot ½ R) S
L/R R L R L/R R
& 1 & 2 &3 & 4

Slap & Tennessee

DT(bk) SL DR S TT- BA TchH- S TnDn
L R R L R R L L R
&a 1 & 2 e & a 3 e&a4

Triple Twister

DT- BO/BO(twist Hs L) DT BO/BO(twist Hs R) DT- BO/BO(twist Hs L) TchH/BA LIFT/SL
L L/R R L/R L L/R L/R L/R
&a 1 &a 2 &a 3 & 4

Tennessee Hip Hop

DS TnUp TnDn TnUp TnDn TnDn BA DT- BA TCH(f) LIFT/SL
L R R L L R R R L L/R
&1 e&a2 e&a3 e&a4 e&a5 e&a6 & a7 e & 8

Double Double Flange Across

DT- BA DT- BA DT- BA(xif)/FLANGE BA(xib) DT- BA(ots) DT FLANGE/BA(xif) S(ots)
L L R R L L/R R L L R L/R L
&a 1 oe & oa 2 & oa 3 oe & 4

Step Explanations – The Hard Road (cont.):

Hop Tennessee Slide

(P) HOP SK(fwd) HOP SLAP HOP TT(bk) HOP SK(fwd) HOP SLAP- BA TT(bk) SL
 L R L R L R L R L R R L R
 & 1 e & a 2 e & a 3 e & a 4

Samantha Walk

DS TnDn(xif) DR S(bk) DR S(bs) R [S (P) S (P) S (P) S] – (Full R)
 L R R L L R L R L R L
 &1 e&a2 & 3 & 4 & 5 & 6 & 7 & 8

Gangsta Chaser

DT BO/BO(apart) HOP BA(xib)/TchH HOP BO/BO(apart) HOP TchH/BA(xib) (P) S TnDn STO(fwd)
 R L/R R L/R R L/R L L/R L R L
 &a 1 & 2 & 3 & 4 & 5 e&a6 &
 (P) HD/BA LIFT/SL
 L/R L/R
 7 & 8

Tennessee Freeze

DS TnUp(ots) HD/BA(1/4 R) (P) RS [TT- BA TchH- S TnDn TT- BA TchH-S TnDn] – (Moving FWD)
 L R L/R LR L L R R L R R L L R
 &1 e&a2 & 3 &4 e & a 5 e&a6 e & a 7 e&a8

Tennessee Beats

TnDn(ots) (P) H(P) H(P) H
 L L L L
 e&a1 & 2 & 3 & 4

Tennessee Down (TnDn)

SK DR(POP) SLAP- S
 L R L L
 e & a 1

Tennessee Up (TnUp)

SK DR(POP) SLAP SL
 L R L R
 e & a 1