

Moving on Up

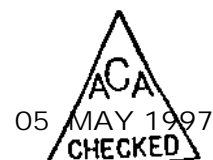
Level: Intermediate

Record: M People Cassingle

Intro: Wait 16 Beats, Left foot lead

Sequence: Intro A B Chorus BK 1 A B Chorus BK 1 BK 2 BK 3 Chorus Chorus End

Choreo: Jason Nicholson / Leanne Harvey



BEATS	CUES	BEATS	CUES
Intro		Chorus	
32	4 High Horses (1/4 L on each)	4	MacNamara
Part A		8	Stomp Utah (1/2 R)
8	MJ Step	2	Basketball Turn (1/2 R)
8	Burton Turn Around (1/2 R)	2	2 Double Steps
8	MJ Step	REPEAT - Same Footwork	
4	Soccer Turn (1/2 R)	Break 1	
4	Fancy Double	8	2 Fancy Triples
Part B		8	4 Quarter Kicks (1/4 L on each)
8	Samantha	Break 2	
4	Karate (1/2 L)	16	4 Vine Heel Twists(1/4L on each)
4	Fancy Kick	Break 3	
8	Samantha	8	2 Hard Steps
4	Karate (1/2 L)	8	Cowboy Basic
4	Fancy Double	8	2 Hard Steps
Chorus		8	Cowboy Basic
4	MacNamara	Chorus	
8	Stomp Utah (1/2 R)	4	MacNamara
2	Basketball Turn (1/2 R)	8	Stomp Utah (1/2 R)
2	2 Double Steps	2	Basketball Turn (1/2 R)
REPEAT - Same Footwork		2	2 Double Steps
Break 1		REPEAT - Same Footwork	
8	2 Fancy Triples	Chorus	
8	4 Quarter Kicks (1/4 L on each)	4	MacNamara
Part A		8	Stomp Utah (1/2 R)
8	MJ Step	2	Basketball Turn (1/2 R)
8	Burton Turn Around (1/2 R)	2	2 Double Steps
8	MJ Step	REPEAT - Same Footwork	
4	Soccer Turn (1/2 R)	Chorus	
4	Fancy Double	4	MacNamara
Part B		8	Stomp Utah (1/2 R)
8	Samantha	2	Basketball Turn (1/2 R)
4	Karate (1/2 L)	2	2 Double Steps
4	Fancy Kick	REPEAT - Same Footwork	
8	Samantha	Ending	
4	Karate (1/2 L)	8	Clogover Vine
4	Fancy Double	8	Moonshine
		8	Clogover Vine
		8	Moonshine
		4	Triple Hop Touch

Step Explanations - Moving on Up

Triple Hop Touch

DS DS DS (P) Tch(xib)/Hop
 L R L L R
 &1 &2 &3 & 4

Fancy Kick

DS DS RS Kick H
 L R LR L R
 &1 &2 &3 & 4

Soccer Turn

DS DT(Bk) H DS RS
 L R L R LR
 &1 & 2 &3 &4

MacNamara

BA(ots) BA(xib) BA(ots) TchH(ots) BA(ots) BA(xib) BA(ots) TchH(ots)
 L R L R R L R L
 & 1 & 2 & 3 & 4

Karate

DS K(Pvt 1/2 L) (P) S DR SL
 L R R R R
 &1 & 2 & 3 & 4

Joey

DS BA(xib) BA(ots) BA(ots) BA(xib) BA(Bs) S
 L R L R L R L
 &1 & 2 & 3 & 4

Clogover Vine

DS DS(xif) DS (ots) DS(xib) DS(ots) DS(xif) DS RS
 L R L R L R L RL
 &1 &2 &3 &4 &5 &6 &7 &8

Moonshine

DS DT(xif) SL DT(x) SL DS DT(xif) SL DT(x) SL RS BR SL
 R L R L R L R L R L RL R L
 &1 & 2 & 3 &4 & 5 & 6 &7 & 8

Fancy Double

DS DS RS RS
 L R LR LR
 &1 &2 &3 &4

High Horse

DS DT(xif) SL DT(x) SL BA(ots) BA(xif) HD(f)/BA SL DS DS RS
 L R L R L R L L R R L R LR
 &1 & 2 & 3 & 4 & 5 &6 &7 &8

Fancy Triple

DS DS(sif) DS(xib) RS(xif)
 L R L R L
 &1 &2 &3 & 4

Burton Turnaround

DS DT(xif) SL DT(x) SL BA BA BA S DR/K SL DS RS
 L R L R L R L R L L/R L R LR
 &1 & 2 & 3 & 4 & 5 & 6 &7 &8

Quarter Kicks

DS DR/K (1/4)L SL
 L L/R L
 &1 & 2

Stomp Utah

(P) STO DT(xif) SL DT(x) SL Tch(Bk) HD/HD (P) STO DS DS RS
 L R L R L R Both R L R LR
 & 1 & 2 & 3 & 4 & 5 &6 &7 &8

----- 1/2 R -----

Basketball Turn

(P) S(Fwd) (P) S(Pvt 1/2 R)
 L R
 & 1 & 2

Samantha

DS DS(xif) DR S(Bk) DR S(Bk) RS DS DS RS
 L R R L L R LR L R LR
 &1 &2 & 3 & 4 &5 &6 &7 &8

MJ Step

DS DS(xib) RS(ots) (P) S(Bk) RS DS DS DS
 L R LR L RL R L R
 &1 &2 &3 & 4 &5 &6 &7 &8

Vine Heel Twists

DS DS(xif) DT Twist Twist SL(1/4 R) DS DS DS RS
 L R L Both Both L R L R LR
 &1 &2 & 3 & 4 &5 &6 &7 &8

Hard Step

DT(Bk) H BR(Fwd) H DS RS
 L R L R L RL
 & 1 & 2 &3 &4

Cowboy Basic

-- Moving Fwd --

DS DS DS BR(xif) SL DS(xif) R(Bk) S(xif) DS(xif) R(Bk) S(xif)(Bk)
 R L R L R L R L R L R
 &1 &2 &3 & 4 &5 & 6 &7 & 8