

Baby One More Time


Record by: Britney Spears, CD Single

Choreo: Matt & Colleen Pearson, CCI. Ph 602 516 1621, e-mail- azpride@juno.com

Level: Easy Intermediate

Sequence: ABC ABC BA BB CC End

Wait: 16 beats

Beat	Movement	Beat	Movement	Beat	Movement
<u>Part A</u>		<u>Part B</u>		<u>Part B</u>	
4	Triple Loop	4	Stomp Trigger (fwd)	4	Stomp Trigger (fwd)
4	Rocking Chair (1/2 L)	4	Pivot Chain (1/2 L)	4	Pivot Chain (1/2 L)
4	Quick Turkey	4	Stomp Trigger (fwd)	4	Stomp Trigger (fwd)
4	Triple	4	Pivot Chain (1/2 R)	4	Pivot Chain (1/2 R)
4	Triple Loop	<u>Part C</u>		<u>Part C</u>	
4	Rocking Chair (1/2 L)	8	Samantha Extra	8	Samantha Extra
4	Quick Turkey	4	2 Basics	4	2 Basics
4	Triple	4	Fancy Double	4	Fancy Double
<u>Part B</u>		8	Samantha Extra	8	Samantha Extra
4	Stomp Trigger (fwd)	4	2 Basics	4	2 Basics
4	Pivot Chain (1/2 L)	4	Fancy Double	4	Fancy Double
4	Stomp Trigger (fwd)	<u>Part B</u>		<u>Part C</u>	
4	Pivot Chain (1/2 R)	4	Stomp Trigger (fwd)	8	Samantha Extra
<u>Part C</u>		4	Pivot Chain (1/2 L)	4	2 Basics
8	Samantha Extra	4	Stomp Trigger (fwd)	4	Fancy Double
4	2 Basics	4	Pivot Chain (1/2 R)	8	Samantha Extra
4	Fancy Double	<u>Part A</u>		4	2 Basics
8	Samantha Extra	4	Triple Loop	4	Fancy Double
4	2 Basics	4	Rocking Chair (1/2 L)	End	
4	Fancy Double	4	Quick Turkey	1	Step (in front)
<u>Part A</u>		4	Triple		
4	Triple Loop	4	Triple Loop		
4	Rocking Chair (1/2 L)	4	Rocking Chair (1/2 L)		
4	Quick Turkey	4	Quick Turkey		
4	Triple	4	Triple		
4	Triple Loop	<u>Part B</u>			
4	Rocking Chair (1/2 L)	4	Stomp Trigger (fwd)		
4	Quick Turkey	4	Pivot Chain (1/2 L)		
4	Triple	4	Stomp Trigger (fwd)		
		4	Pivot Chain (1/2 R)		

Step explanations for -: Baby One More Time
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Triple Loop

DS DS DS S(ib)
 L R L R
 &1 &2 &3 &4

Rocking Chair

DS BR SL DS RS
 L R L R LR
 &1 & 2 &3 &4

Quick Turkey

(P) H-FL S S H-FL S
 & 1& 2 & 3& 4
 L R L R L

Triple

DS DS DS RS
 R L R LR
 &1 &2 &3 &4

Stomp Trigger

(P) STO DS TCH-S TCH-S
 L R L L
 & 1 &2 &3 &4

Pivot Chain (1/2 left)

DS RS RS RS
 L RL RL RL
 &1 &2 &3 &4

Samantha Extra

DS DS(xif) DR S DR S S S/K S S S/K S S S
 L R R L L R L RL L R LR R L R
 &1 &2 & 3 & 4 & 5 & 6 & 7 & 8

Basic

DS RS
 L RL
 &1 &2

Fancy Double

DS DS RS RS
 L R LR LR
 &1 &2 &3 &4