

# Shake It Off

**Level:** Easy Intermediate  
**Artist:** Taylor Swift  
**Choreo:** Petra Newham  
**Speed:** +10% **Length:** 3:39  
**Sequence:** A B C A B C\* D C\*\*  
**Wait:** 8 Beats; Left Foot Lead

**Genre:** Pop



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## Quick Cues

### Part A (32 beats)

4 Charleston  
4 Turkey  
8 MJ Basic (Rft)  
8 Samantha (Rft)  
4 Charleston (Rft)  
4 Turkey (Rft)

### Part B (16 beats)

4 Jazz Box  
4 Slur Basic (FWD)  
4 Jazz Box (Rft)  
4 Double Basic & Pull (Rft BK)

### Part C (32 beats)

4 Crossover Tap Two  
4 Triple (Rft)  
4 Heel Toe Swivel  
4 2 Brush Up  
4 Triple (BK)  
4 Rock Pull Basic (FWD)  
4 Pivot Chain (Full L)  
2 Brush Up  
2 2 Double Step

### Part A (32 beats)

4 Charleston  
4 Turkey  
8 MJ Basic (Rft)  
8 Samantha (Rft)  
4 Charleston (Rft)  
4 Turkey (Rft)

### Part B (16 beats)

4 Jazz Box  
4 Slur Basic (FWD)  
4 Jazz Box (Rft)  
4 Double Basic & Pull (BK)

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## Quick Cues

### Part C\* (48 beats)

4 Crossover Tap Two  
4 Triple (Rft)  
4 Heel Toe Swivel  
4 2 Brush Up  
4 Triple (BK)  
4 Rock Pull Basic (FWD)  
4 2 Basic  
4 Pivot Chain (Full L)  
4 2 Brush Up  
8 2 Rocking Chair  
4 Outhouse (Rft)

### Part D (36 beats)

8 Long Jazz Box  
4 2 Basic  
4 Cross Turn (Full L)  
4 2 Step Touch (Slaps/Claps)  
4 Slur Basic  
4 2 Step Touch (Slaps/Claps)  
2 Basic (Rft)  
4 Cross Turn (Full L)  
2 Pause

### Part C\*\* (65 beats)

4 Crossover Tap Two  
4 Triple (Rft)  
4 Heel Toe Swivel  
4 2 Brush Up  
4 Pivot Chain (1/2 R)  
4 2 Cross Touch  
4 Pivot Chain (1/2 L)  
4 2 Cross Touch  
8 2 Crossover Tap Two  
4 Triple (Rft)  
4 Step and Shimmy  
4 Rocking Chair (Rft)  
4 Slur Basic (Rft)  
8 Samantha  
1 Step (OTS)

# Step Definitions - Shake It Off

## CHARLESTON:

DS TCH(F) H T-H(BK) RS  
L R L R R LR  
&1 & 2 & 3 &4

## TURKEY:

LIFT/DR H-FL(OTS) S(XIB) DS RS  
L /R L L R L RL  
& 1 & 2 &3 &4

## BASIC:

DS RS  
L RL  
&1 &2

## MJ BASIC:

DS DS(XIB) R S(OTS) (P) S(XIB) R(OTS) S RS DS RS  
R L R L R L R LR L RL  
&1 &2 & 3 & 4 & 5 &6 &7 &8

## SLUR BASIC:

DS(OTS) SLR-S(XIB) DS RS  
L R R L RL  
&1 & 2 &3 &4

## SAMANTHA:

DS DS(XIF) DR S(BK) DR S(BK) RS DS DS RS  
L R R L L R LR L R LR  
&1 &2 & 3 & 4 &5 &6 &7 &8

## DOUBLE BASIC & PULL:

DS DS RS(BK) PULL-S(BS)  
R L RL R R  
&1 &2 &3 & 4

## JAZZ BOX:

T-H(OTS) T-H(XIF) T-H(BK) T-H(BS)  
L L R R L L R R  
& 1 & 2 & 3 & 4

## STEP TOUCH: (See Hand movements below)

(P) S(OTS) (P) TCH(BS)  
L R  
& 1 & 2

## CROSSOVER TAP TWO:

DS BR(XIF) SL BR(X) SL TT(XIB) TT(X)  
L R L R L R R  
&1 & 2 & 3 & 4

## ROCK PULL BASIC:

RS(FWD) PULL-S(BS) DS RS  
LR L L R LR  
&1 & 2 &3 &4

## TRIPLE:

DS DS DS RS  
R L R LR  
&1 &2 &3 &4

## BRUSH UP:

DS BR H  
L R L  
&1 & 2

## PIVOT CHAIN:

DS [RS RS RS] (TURN)  
L RL RL RL  
&1 &2 &3 &4

## ROCKING CHAIR:

DS BR H DS RS  
L R L R LR  
&1 & 2 &3 &4

## HEEL TOE SWIVEL:

DT [BA/BA] (H'S L) [H(WGT)/H(WGT)] (T'S L) [BA/BA] (H'S L) [H(WGT)/H(WGT)] (T'S L)  
L L /R L /R L /R L /R  
& 1 & 2 & 3 & 4

[BA/BA] (H'S L) [H(WGT)/H(WGT)] (T'S L) BA(H L)/LIFT  
L /R L /R L /R  
3 & 4

## OUTHOUSE:

DS TCH(OTS) H TCH(XIF) H TCH(OTS) H  
R L R L R L R  
&1 & 2 & 3 & 4

## DOUBLE STEP:

DS  
L  
&1

## LONG JAZZ BOX:

T-H(OTS) T-H(XIF) T-H(BK) T-H(OTS) T-H(XIF) T-H(BK) T-H(OTS) T-H(BS)  
L L R R L L R R L L R R L L R R  
&1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

## CROSS TURN:

DT [BO/BO] (OTS) (P) BO(XIB)/BO(XIF) (P) PVT(FULL L) LIFT/H(CLAP)  
L L /R L /R L /R  
& 1 & 2 & 3& 4

## STEP AND SHIMMY:

(P) S [(P) (P) (P)] (SHIMMY SHOULDERS TO THE BEAT)  
L  
& 1 &2 &3 &4

## CROSS TOUCH:

DS TCH(XIF) H  
L R L  
&1 & 2

## STEP:

(P) S  
L  
& 1

## Hand Movements

**STEP TOUCH:** Using the 2 Step Touches (4 beats): slap thighs twice on 1& and 3&, Clap hands twice on 2&, Clap hands once on 4