

# Before He Cheats

**Level:** Easy Intermediate **Genre:** Country  
**Artist:** Carrie Underwood  
**Choreo:** Maryanne Tallent (dam1212.t@bigpond.com)  
**Speed:** +15-20% **Length:** 3:18  
**Sequence:** A, Chorus, B, Chorus\*, C, Chorus, Ending  
**Wait:** Start on Word Right (approx. 16.5 beats); Left Foot Lead

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## Quick Cues

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### Part A (32 beats)

16 2 Toe Heel Clogover (L&R)  
8 2 Outhouse  
8 2 Slur Basic

### Chorus (36 beats)

16 4 Rocking Chair (1/4L ea)  
8 2 Burton Stamp  
8 2 Joey  
4 2 Basic



### Part B (32 beats)

16 2 Red Rooster (L&R)  
8 Samantha  
4 2 Rocking Basic  
4 Fancy Double

### Chorus\* (32 beats)

16 4 Rocking Chair (1/4L ea)  
8 2 Burton Stamp  
8 2 Joey

### Part C (32 beats)

4 2 Basic (1/4L ea)  
4 Walk it Over  
4 2 Basic (1/4L ea)  
4 Double and Jazz  
8 2 Vine  
8 2 Chain (L&R)

### Chorus (36 beats)

16 4 Rocking Chair (1/4L ea)  
8 2 Burton Stamp  
8 2 Joey  
4 2 Basic

### Ending (19 beats)

2 2 Toe Heel  
4 Pivot Chain (1/2L)  
4 Vine (R)  
4 Fancy Double (1/2L)  
4 Half Yes Ma'am  
1 Step (OTS)

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**Step Definitions - Before He Cheats**

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**TOE HEEL CLOGOVER**

T-H (OTS) T-H (XIF) T-H (OTS) T-H (XIB) T-H (OTS) T-H (XIF) T-H (OTS) RS  
L L R R L L R R L L R R L L RL  
& 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

**OUTHOUSE**

DS TCH (OTS) H TCH (XIF) H TCH (OTS) H  
L R L R L R L  
& 1 & 2 & 3 & 4

**FANCY DOUBLE**

DS DS RS RS  
L R LR LR  
& 1 & 2 & 3 & 4

**SLUR BASIC**

DS (OTS) SLR-S (XIB) DS RS  
L R R L RL  
& 1 & 2 & 3 & 4

**WALK IT OVER**

DS (OTS) DS (XIF) DR S (BK) DR S (OTS)  
L R R L L R  
& 1 & 2 & 3 & 4

**ROCKING CHAIR**

DS BR H DS RS  
L R L R LR  
& 1 & 2 & 3 & 4

**DOUBLE & JAZZ**

DS T-H (XIF) T-H (BK) T-H (BS)  
L R R L L R R  
& 1 & 2 & 3 & 4

**BURTON STAMP**

DS STA H STA H STA H (ANGLE L OR R)  
L R L R L R L  
& 1 & 2 & 3 & 4

**BASIC**

DS RS  
L RL  
& 1 & 2

**JOEY**

DS BA (XIB) BA (OTS) BA (OTS) BA (XIB) BA (BS) S  
L R L R L R L  
& 1 & 2 & 3 & 4

**RED ROOSTER:**

[DS DS (XIF) BA (OTS) BA (XIB) BA (OTS) BA (XIF) DS (OTS) RS RS RS] (MOVING L)  
L R L R L R L RL RL RL  
& 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

**SAMANTHA**

DS DS (XIF) DR S (BK) DR S (BK) RS DS DS RS  
L R R L L R LR L R LR  
& 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

**ROCKING BASIC**

DS R (XIB) S  
L R L  
& 1 & 2

**CHAIN:**

DS RS RS RS (MOVE FWD BK L OR R)  
L RL RL RL  
& 1 & 2 & 3 & 4

**VINE**

DS (OTS) DS (XIB) DS (OTS) RS  
L R L RL  
& 1 & 2 & 3 & 4

**TOE HEEL**

T-H  
L L  
& 1

**PIVOT CHAIN**

DS [RS RS RS] (TURN 1/2L)  
L RL RL RL  
& 1 & 2 & 3 & 4

**STEP**

(P) S (OTS)  
L  
& 1

**HALF YES MA'AM**

DS DS R S (OTS) (P) TT (BK)  
L R L R L  
& 1 & 2 & 3 & 4