

Shake It Off

Level: Easy Intermediate
Artist: Taylor Swift
Choreo: Petra Newham
Speed: +10% **Length:** 3:39
Sequence: A B C A B C* D C**
Wait: 8 Beats; Left Foot Lead



Quick Cues

Part A (32 beats)

4 Charleston
4 Turkey
8 MJ Basic (Rft)
8 Samantha (Rft)
4 Charleston (Rft)
4 Turkey (Rft)

Part B (16 beats)

4 Jazz Box
4 Slur Basic (FWD)
4 Jazz Box (Rft)
4 Double Basic & Pull (Rft BK)

Part C (32 beats)

4 Crossover Tap Two
4 Triple (Rft)
4 Heel Toe Swivel
4 2 Brush Up
4 Triple (BK)
4 Rock Pull Basic (FWD)
4 Pivot Chain (Full L)
2 Brush Up
2 2 Double Step

Part A (32 beats)

4 Charleston
4 Turkey
8 MJ Basic (Rft)
8 Samantha (Rft)
4 Charleston (Rft)
4 Turkey (Rft)

Part B (16 beats)

4 Jazz Box
4 Slur Basic (FWD)
4 Jazz Box (Rft)
4 Double Basic & Pull (BK)

Quick Cues

Part C* (48 beats)

4 Crossover Tap Two
4 Triple (Rft)
4 Heel Toe Swivel
4 2 Brush Up
4 Triple (BK)
4 Rock Pull Basic (FWD)
4 2 Basic
4 Pivot Chain (Full L)
4 2 Brush Up
8 2 Rocking Chair
4 Outhouse (Rft)

Part D (36 beats)

8 Long Jazz Box
4 2 Basic
4 Cross Turn (Full L)
4 2 Step Touch (Slaps/Claps)
4 Slur Basic
4 2 Step Touch (Slaps/Claps)
2 Basic (Rft)
4 Cross Turn (Full L)
2 Pause

Part C** (65 beats)

4 Crossover Tap Two
4 Triple (Rft)
4 Heel Toe Swivel
4 2 Brush Up
4 Pivot Chain (1/2 R)
4 2 Cross Touch
4 Pivot Chain (1/2 L)
4 2 Cross Touch
8 2 Crossover Tap Two
4 Triple (Rft)
4 Step and Shimmy
4 Rocking Chair (Rft)
4 Slur Basic (Rft)
8 Samantha
1 Step (OTS)

Step Definitions - Shake It Off

CHARLESTON:

DS TCH(F) H T-H(BK) RS
L R L R R LR
&1 & 2 & 3 &4

TURKEY:

LIFT/DR H-FL(OTS) S(XIB) DS RS
L /R L L R L RL
& 1 & 2 &3 &4

BASIC:

DS RS
L RL
&1 &2

MJ BASIC:

DS DS(XIB) R S(OTS) (P) S(XIB) R(OTS) S RS DS RS
R L R L R L R LR L RL
&1 &2 & 3 & 4 & 5 &6 &7 &8

SLUR BASIC:

DS(OTS) SLR-S(XIB) DS RS
L R R L RL
&1 & 2 &3 &4

SAMANTHA:

DS DS(XIF) DR S(BK) DR S(BK) RS DS DS RS
L R R L L R LR L R LR
&1 &2 & 3 & 4 &5 &6 &7 &8

DOUBLE BASIC & PULL:

DS DS RS(BK) PULL-S(BS)
R L RL R R
&1 &2 &3 & 4

JAZZ BOX:

T-H(OTS) T-H(XIF) T-H(BK) T-H(BS)
L L R R L L R R
& 1 & 2 & 3 & 4

STEP TOUCH: (See Hand movements below)

(P) S(OTS) (P) TCH(BS)
L R
& 1 & 2

CROSSOVER TAP TWO:

DS BR(XIF) SL BR(X) SL TT(XIB) TT(X)
L R L R L R R
&1 & 2 & 3 & 4

ROCK PULL BASIC:

RS(FWD) PULL-S(BS) DS RS
LR L L R LR
&1 & 2 &3 &4

TRIPLE:

DS DS DS RS
R L R LR
&1 &2 &3 &4

BRUSH UP:

DS BR H
L R L
&1 & 2

PIVOT CHAIN:

DS [RS RS RS] (TURN)
L RL RL RL
&1 &2 &3 &4

ROCKING CHAIR:

DS BR H DS RS
L R L R LR
&1 & 2 &3 &4

HEEL TOE SWIVEL:

DT [BA/BA] (H'S L) [H(WGT)/H(WGT)] (T'S L) [BA/BA] (H'S L) [H(WGT)/H(WGT)] (T'S L)
L L /R L /R L /R L /R
& 1 & 2 & 3

[BA/BA] (H'S L) [H(WGT)/H(WGT)] (T'S L) BA(H L)/LIFT
L /R L /R L /R
3 & 4

OUTHOUSE:

DS TCH(OTS) H TCH(XIF) H TCH(OTS) H
R L R L R L R
&1 & 2 & 3 & 4

DOUBLE STEP:

DS
L
&1

LONG JAZZ BOX:

T-H(OTS) T-H(XIF) T-H(BK) T-H(OTS) T-H(XIF) T-H(BK) T-H(OTS) T-H(BS)
L L R R L L R R L L R R L L R R
&1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

CROSS TURN:

DT [BO/BO] (OTS) (P) BO(XIB)/BO(XIF) (P) PVT(FULL L) LIFT/H(CLAP)
L L /R L /R L /R
& 1 & 2 & 3& 4

STEP AND SHIMMY:

(P) S [(P) (P) (P)] (SHIMMY SHOULDERS TO THE BEAT)
L
& 1 &2 &3 &4

CROSS TOUCH:

DS TCH(XIF) H
L R L
&1 & 2

STEP:

(P) S
L
& 1

Hand Movements

STEP TOUCH: Using the 2 Step Touches (4 beats): slap thighs twice on 1& and 3&, Clap hands twice on 2&, Clap hands once on 4