

# Ready For The Good Times



**LEVEL:** Advanced **GENRE:** Pop Rock  
**MUSIC:** Shakira - CD Laundry Service - Track 6  
**CHOREO:** Acelyn Sutton, Greg Taylor, Jean Watford. **EMAIL:** watfordjean@gmail.com  
**SPEED:** Normal **LENGTH:** 4.20  
**SEQUENCE:** INTRO A B CH BRK INTRO A B CH INSTRU 1 INSTRU 2 A CH BRK INSTRU 3  
**WAIT:** 16 counts Left foot lead April 2005

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## QUICK CUE

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### Intro (16 beats)

16 2 Bonanza Flap (L & R)

### Part A (32 beats)

8 High Horse Switch  
4 Soccer Tennessee (1/2 R)  
4 Mountain Goat  
16 REPEAT

### Part B (32 beats)

8 2 Short Parkway Vine  
8 Flat Burton Turn Around (1/2 R)  
16 REPEAT

### Chorus (32 beats)

16 Good Time (1/2 R)  
16 REPEAT

### Break (32 beats)

8 Jean's Step  
8 Synco Joey Scoot (1/2 R)  
16 REPEAT OPP FOOTWORK & DIR

### Intro (16 beats)

16 2 Bonanza Flap (L & R)

### Part A (32 beats)

8 High Horse Switch  
4 Soccer Tennessee (1/2 R)  
4 Mountain Goat  
16 REPEAT

### Part B (32 beats)

8 2 Short Parkway Vine  
8 Flat Burton Turn Around (1/2 R)  
16 REPEAT

### Chorus (32 beats)

16 Good Time (1/2 R)  
16 REPEAT

### Instrumental 1 (32 beats)

16 Shakira Kicks (1/2 R)  
16 REPEAT

### Instrumental 2 (32 beats)

8 2 Waymouth Four  
8 Slur Karate Buck (1/2 R)  
16 REPEAT

### Part A (32 beats)

8 High Horse Switch  
4 Soccer Tennessee (1/2 R)  
4 Mountain Goat  
16 REPEAT

### Chorus (32 beats)

16 Good Time (1/2 R)  
16 REPEAT

### Break (32 beats)

8 Jean's Step  
8 Synco Joey Scoot (1/2 R)  
16 REPEAT OPP FOOTWORK & DIR

### Instrumental 3 (64 beats)

8 Waymouth Creeper (1/4 R)  
8 Ira's Touches (1/2 R)  
8 Waymouth Creeper (1/4 R)  
8 Ira's Touches (1/2 R)  
8 Waymouth Creeper (1/4 R)  
8 Ira's Touches (1/2 R)  
8 Waymouth Creeper (3/4 R)  
8 Synco Swirl (Full L)



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Step Definitions - **READY FOR THE GOOD TIMES**

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**BONANZA FLAP:**

DS DS(XIF) DT H DT H DS(XIB) R(OTS) S(XIF) DR/LIFT-H-FL(OTS) S  
L R L R L R L R L R R R L  
&1 &2 & 3 & 4 &5 & 6 & 7 & 8

**HIGH HORSE SWITCH:**

DS DT(XIF) SL DT(X) SL BA(OTS) BA(XIF) HD/BA LIFT/SL DS DT HD/BA BA/HD SL/LIFT  
L R L R L R L L/R L /R L R L/R L/R L /R  
&1 & 2 & 3 & 4 & 5 &6 & 7 & 8

**SOCCER TENNESSEE:**

DS DT(BK) (1/2 R) H DS TnDn  
R L R L R  
&1 & 2 &3 e&a4

**MOUNTAIN GOAT:**

DS BA(XIF) BA(OTS) BA(OTS) BA(XIF) BA(XIB) SL  
L R L R L R R  
&1 & 2 & 3 & 4

**SHORT PARKWAY VINE:**

DS TnDn(XIF) DS(OTS) SLR-S(XIB)  
L R L R R  
&1 e&a2 &3 & 4

**FLAT BURTON TURN AROUND:**

DS TnUp(XIF) TnUp(X) [BA BA BA] (1/2 R) S-DR/K SL DBL-BA H-BA H-BA  
L R R R L R L L /R L R R L L R R  
&1 e&a2 e&a3 & 4 & 5 & 6 &a 7 e & a 8

**GOOD TIME:**

DS(OTS) DS(XIF) DS(OTS) HOP T-BA DS(OTS) DS(XIF) DT-BO/HD HD/BO LIFT/SL (P)  
L R L L R R L R L L/R L/R L/R  
&1 &2 &3 & a 4 &5 &6 & 7 & 8 &  
TCH(OTS) (1/4 R) (P) LIFT (P) TCH(OTS) (1/4 R) (P) LIFT (P) S BR(F) H DT(XIF)  
L L L L L L L R L R  
9 & 10 & 11 & 12 & 13 & 14 &  
FLA/S(XIF) S(XIB)/FLA FLA/S(XIF)  
L /R L /R L /R  
15 & 16

**JEAN'S STEP:**

(P) S-SL R S-SL R H-FL TT(BK) H(WGT& TW T L) FL(TW T R) TT(BK) H(WGT& TW T R)  
L L R L L R L L R R R L L  
& 1 & 2 & 3 & 4 & 5 & 6 & 7  
FL(TW T L) TT(BK)  
L R  
& 8

**SYNCO JOEY SCOOT:**

(P) S(OTS) (P) (P) [BA(XIB) BA(OTS) S(OTS)] (1/2 L) BA(XIB) BA(OTS) S(FWD) SC(FWD)  
L R L R L R L R L L  
& 1 & 2 & 3 & 4 & 5 &  
SC(FWD) DBL-BA T-BA H-BA  
L R R L L R R  
6 &a 7 e & a 8

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Step Definitions cont'd - **READY FOR THE GOOD TIMES**

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**SHAKIRA KICKS:**

(P) [K(F)/HOP S (FWD) S (FWD) DBL-BA DBL-BA TT (BK) SL BA/K-S (F) S (FWD) DBL-BA DBL-BA  
L/R L R L L R R L R L /R R L R R L L  
& 1 & 2 &a 3 e& a 4 & 5 & 6 &a 7 e& a  
TT (BK) SL K (F)/BA S (FWD) S (FWD) DBL-BA DBL-BA TT (BK) SL] (DIAG L) S (BK) (P)  
R L L /R L R L L R R L R L  
8 & 9 & 10 &a 11 e& a 12 & 13 &  
[S (BK) (P) S (FWD) (P) S (FWD)] (1/2 R)  
R L R  
14 & 15 & 16

**WAYMOUTH FOUR:**

DBL-BA DBL-BA (XIF) BA DBL-BA (OTS) BA DBL-BA (XIF) BA  
L L R R L R R L R R L  
&a 1 e& a 2 e& a 3 e& a 4

**SLUR KARATE BUCK:**

DS (OTS) SLR-S (XIB) RS K/PVT (1/2 R) H (P) S-DR/K SL DBL-BA T-BA H-BA  
L R R LR L/ R R L L/R L R R L L R R  
&1 & 2 &3 & 4 & 5 & 6 &a 7 e & a 8

**WAYMOUTH CREEPER: (In this dance turn 1/4 R on &8 or 3/4 R on &a5 &a6 &a7 &8)**

DBL-BA DBL-BA (XIF) BA DBL-BA (OTS) BA DBL-BA (XIF) BA [H-FL S (BK) H-FL S (BK) H-FL  
L L R R L R R L R R L R R L R R L R R  
&a 1 e& a 2 e& a 3 e& a 4 & a 5 & a 6 & a  
S (BK)] (DIAG R) [BA-SL] (1/4 R)  
L R R  
7 & 8

**IRA'S TOUCHES: (In this dance turn 1/2 R on counts &1 &2 &3 &4)**

DS TT (XIB) HOP S (OTS) TT (BK) HOP S BA BA DBL-BA TCH BA DBL-BA TCH SL  
L R L R L R L R L R R L L R R L L  
&1 & 2 & 3 & 4 & 5 e& a 6 & a7 e & 8

**SYNCO SWIRL:**

(P) S (OTS) (P) (P) BA (XIB) BA (OTS) S (OTS) BA (XIB) BA (OTS) S (1/4 L)  
L R L R L R L R L  
& 1 & 2 & 3 & 4 & 5  
SLR (XIF) [BA/BA] (PVT 3/4 L) [H/H] (BS)  
R L /R L/R  
& 6&7& 8

**HAND MOVEMNT:** for SYNCO SWIRL

On Slur xif, - with fingers stretched raise R arm up high at side of face. Keep fingers stretched, as you turn, turn hand so palm faces to right, lower hand down to chest as you face front and lower head on count 8.