

# What A Feeling

**Level:** Intermediate  
**Music:** DJ Bobo & Irene Cara  
**Choreo:** Jean Watford **Email:** watfordjean@gmail.com  
**Speed:** Normal **Length:** 3.19  
**Sequence:** A B C A B C BRK D C END  
**Wait:** 32 beats Left foot lead



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## Quick Cues

### Part A (32 beats)

4 Stomp Double  
4 Jeans Way  
4 Karate Basic (1/2 L)  
4 Mountain Goat  
**16 REPEAT**

### Part B (32 beats)

8 Burton Turn Around (3/4 R)  
4 Half Cole Step (1/4 L)  
4 Joey  
**16 REPEAT**

### Part C (64 beats)

8 Appalachian  
4 Lori Basic  
4 Down Turn (1/2 R)  
8 Rock Slur Step  
4 Triple  
4 4 Drag Step (FULL TURN R)  
**32 REPEAT**

### Part A (32 beats)

4 Stomp Double  
4 Jeans Way  
4 Karate Basic (1/2 L)  
4 Mountain Goat  
**16 REPEAT**

### Part B (32 beats)

8 Burton Turn Around (3/4 R)  
4 Half Cole Step (1/4 L)  
4 Joey  
**16 REPEAT**

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## Quick Cues

### Part C (64 beats)

8 Appalachian  
4 Lori Basic  
4 Down Turn (1/2 R)  
8 Rock Slur Step  
4 Triple  
4 4 Drag Step (FULL TURN R)  
**32 REPEAT**

### BREAK (32 beats)

8 Roundout  
2 Basketball Turn (1/2 R)  
2 Basic  
4 Cross Cha Cha  
**16 REPEAT**

### Part D (32 beats)

8 MJ Touches (1/4 L)  
4 Syncopated Joey  
4 Triple (3/4 R)  
**16 REPEAT**

### Part C (64 beats)

8 Appalachian  
4 Lori Basic  
4 Down Turn (1/2 R)  
8 Rock Slur Step  
4 Triple  
4 4 Drag Step (FULL TURN R)  
**32 REPEAT**

### End (2 beats)

2 Double Step Double Touch



## Step Definitions - What A Feeling

### STOMP DOUBLE:

(P) STO DS DS RS (CAN BE DR INSTEAD OF (P) AT START)  
L R L RL  
& 1 &2 &3 &4

### JEANS WAY:

DT(XIF) H DT(X) H RS BA(XIB) SL  
R L R L RL R R  
& 1 & 2 &3 & 4

### MOUNTAIN GOAT:

DS BA(XIF) BA(OTS) BA(OTS) BA(XIF) BA(XIB) SL  
L R L R L R R  
&1 & 2 & 3 & 4

### KARATE BASIC:

DS-PVT(1/2 L)/K H DS RS  
L L /R L R LR  
&1 & 2 &3 &4

### BURTON TURN AROUND:

DS DT(XIF) SL DT(X) SL [BA BA BA] (1/2 R) S-DR/K SL DS RS  
L R L R L R L R L L /R L R LR  
&1 & 2 & 3 & 4 & 5 & 6 &7 &8

### LORI BASIC:

DS DT H DS RS  
L R L R LR  
&1 & 2 &3 &4

### HALF COLE STEP:

DS-SL R S-SL RS  
L L R L L RL  
&1 & 2 & 3 &4

### JOEY:

DS BA(XIB) BA(OTS) BA(OTS) BA(XIB) BA(BS) S  
R L R L R L R  
&1 & 2 & 3 & 4

### DOWN TURN:

DS DT-JMP/JMP(1/4 L) (P) [HOP-HOP] (3/4 R) S  
L R R/L L L R  
&1 & 2 & 3 & 4

### APPALACHIAN:

DS-DR S S-DR S S DS DS DS RS  
L L R L L R L R L R LR  
&1 & 2 & 3 & 4 &5 &6 &7 &8

### ROCK SLUR STEP:

DS(OTS) SLR-S(XIB) R S(OTS) SLR-S(XIB) R S(OTS) SLR-S(XIB) R S(OTS) SLR-S  
L R R L R L L R L R R L L  
&1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

### TRIPLE:

DS DS DS RS  
R L R LR  
&1 &2 &3 &4

### DRAG STEP:

K/DR S  
L/R L  
& 1

### BASKETBALL TURN:

(P) S(FWD) PVT(1/2 R) S  
L L R  
& 1 & 2

### BASIC:

DS RS  
L RL  
&1 &2

### ROUNDOUT:

DS T-H(XIF) T-H(XIB) T-H(OTS) T-H(XIF) T-H(XIB) T-H(OTS) T-H(BS)  
L R R L L R R L L R R L L R R  
&1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

### CROSS CHA CHA:

(P) S(XIF) (P) S(BK) DS RS  
R L R LR  
& 1 & 2 &3 &4

### MJ TOUCHES:

DS DS(XIB) R(OTS) S (P) S(BK) R BA DBL-BA TCH(F) BA DBL-BA TCH(F) SL  
L R L R L R L R R L L R R L R  
&1 &2 & 3 & 4 & 5 e& a 6 & a7 e & 8

### SYNCOATED JOEY:

(P) S BA(XIB) BA(OTS) S(OTS) BA(XIB) BA(BS) S  
L R L R L R L  
& 1 & 2 & 3 & 4

### DOUBLE STEP DOUBLE TOUCH:

DS DT-TCH  
L R R  
&1 & 2