

# Poi E



**Level:** Easy Intermediate  
**Artist:** Patea Maori POI E Tape MAUIC 14 by WEA Records  
**Choreo:** Sean Lord Rhythm Cloggers Auckland NZ  
**Speed:** Normal **Length:** 3.51  
**Sequence:** A B C D Break A B C D Break\* Bridge C D End  
**Wait:** 17 beats. Start after chant March 1999

## Quick Cues

### Part A (38 beats)

16 **4** Rocking Chair (1/4 L EA)  
16 **2** Brenda Basic  
4 Fancy Triple  
2 Basic

### Part B (36 beats)

8 **2** Crossover Brush  
4 **2** Basic (1/4 L & 1/2 R)  
4 Triple (3/4 L)  
8 **2** Crossover Brush (Rft)  
4 **2** Basic (1/4 R & 1/2 L)  
4 Triple (3/4 R)  
4 **2** Brush Up

### Part C (32 beats)

8 **2** Stomp Double (DIAG L & R)  
4 **2** Basic (1/4 L & 1/2 R)  
4 Triple (3/4 L)  
8 **2** Stomp Double (DIAG R & L)  
4 **2** Basic (1/4 R & 1/2 L)  
4 Triple (3/4 R)

### Part D (32 beats)

8 Mamma  
4 **2** Basic (1/4 L & 1/2 R)  
4 Triple (3/4 L)  
8 Mamma  
4 **2** Basic (1/4 R & 1/2 L)  
4 Triple (3/4 R)

### Break (12 beats)

8 Cowboy  
4 Fancy Double

### Part A (38 beats)

16 **4** Rocking Chair (1/4 L EA)  
16 **2** Brenda Basic  
4 Fancy Triple  
2 Basic

### Part B (36 beats)

8 **2** Crossover Brush  
4 **2** Basic (1/4 L & 1/2 R)  
4 Triple (3/4 L)  
8 **2** Crossover Brush (Rft)  
4 **2** Basic (1/4 R & 1/2 L)  
4 Triple (3/4 R)  
4 **2** Brush Up

## Quick Cues

### Part C (32 beats)

8 **2** Stomp Double (DIAG L & R)  
4 **2** Basic (1/4 L & 1/2 R)  
4 Triple (3/4 L)  
8 **2** Stomp Double (DIAG R & L)  
4 **2** Basic (1/4 R & 1/2 L)  
4 Triple (3/4 R)

### Part D (32 beats)

8 Mamma  
4 **2** Basic (1/4 L & 1/2 R)  
4 Triple (3/4 L)  
8 Mamma  
4 **2** Basic (1/4 R & 1/2 L)  
4 Triple (3/4 R)

### Break\* (4 beats)

4 Fancy Double

### Bridge (38 beats)

8 High Horse  
4 Joey  
4 Fancy Double  
8 High Horse (Rft)  
4 Joey  
4 Fancy Double  
4 Triple  
2 Basic

### Part C (32 beats)

8 **2** Stomp Double (DIAG L & R)  
4 **2** Basic (1/4 L & 1/2 R)  
4 Triple (3/4 L)  
8 **2** Stomp Double (DIAG R & L)  
4 **2** Basic (1/4 R & 1/2 L)  
4 Triple (3/4 R)

### Part D (32 beats)

8 Mamma  
4 **2** Basic (1/4 L & 1/2 R)  
4 Triple (3/4 L)  
8 Mamma  
4 **2** Basic (1/4 R & 1/2 L)  
4 Triple (3/4 R)

### End (27 beats)

16 **2** Cowboy (1/2 L EA)  
8 **2** Joey  
2 **2** Double Step (FWD)  
1 Double Step (XIF)

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## Step Definitions - Poi E

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### ROCKING CHAIR:

DS BR H DS RS  
L R L R LR  
&1 & 2 &3 &4

### BRENDA BASIC:

DS TCHH(F) H TT(BK) H DT(F) H TCHH(XIF) H STA H DS RS  
L R L R L R L R L R LR  
&1 & 2 & 3 & 4 & 5 & 6 &7 &8

### FANCY TRIPLE:

DS(OTS) DS(XIF) DS(XIB) R(OTS) S(XIF)  
L R L R L  
&1 &2 &3 & 4

### TRIPLE:

DS DS DS RS  
L R L RL  
&1 &2 &3 &4

### BRUSH UP:

DS BR H  
L R L  
&1 & 2

### BASIC:

DS RS  
L RL  
&1 &2

### CROSSOVER BRUSH:

DS DT(XIF) H DT(X) H BR H  
L R L R L R L  
&1 & 2 & 3 & 4

### STOMP DOUBLE:

(P) STO DS DS RS (CAN BE DR INSTEAD OF (P) AT START)  
L R L RL  
& 1 &2 &3 &4

### MAMMA:

DS TCH(XIF) SL TCH(F) SL TT(BK) SL DS TCH(XIF) SL TCH(F) SL TT(BK) SL  
L R L R L R L R L R L R  
&1 & 2 & 3 & 4 &5 & 6 & 7 & 8

### COWBOY (In this dance turn 1/2 L on counts &4)

[DS DS DS BR(XIF) H] (FWD) [DS(XIF) R(BK) S(XIF) R(BK) S(XIF) R(BK) S(XIF)] (BK)  
L R L R L R L R L R L R  
&1 &2 &3 & 4 &5 & 6 & 7 & 8

### FANCY DOUBLE:

DS DS RS RS  
L R LR LR  
&1 &2 &3 &4

### HIGH HORSE:

DS DT(XIF) SL DT(X) SL BA(OTS) BA(XIF) HD/BA LIFT/SL DS DS RS  
L R L R L R L L/R L/R L R LR  
&1 & 2 & 3 & 4 & 5 &6 &7 &8

### JOEY:

DS BA(XIB) BA(OTS) BA(OTS) BA(XIB) BA(BS) S  
L R L R L R L  
&1 & 2 & 3 & 4

### DOUBLE STEP:

DS  
L  
&1