

Poi E



Level: Easy Intermediate
Artist: Patea Maori POI E Tape MAUIC 14 by WEA Records
Choreo: Sean Lord Rhythm Cloggers Auckland NZ
Speed: Normal **Length:** 3.51
Sequence: A B C D Break A B C D Break* Bridge C D End
Wait: 17 beats. Start after chant March 1999

Quick Cues

Part A (38 beats)

16 4 Rocking Chair (1/4 L EA)
16 2 Brenda Basic
4 Fancy Triple
2 Basic

Part B (36 beats)

8 2 Crossover Brush
4 2 Basic (1/4 L & 1/2 R)
4 Triple (3/4 L)
8 2 Crossover Brush (Rft)
4 2 Basic (1/4 R & 1/2 L)
4 Triple (3/4 R)
4 2 Brush Up

Part C (32 beats)

8 2 Stomp Double (DIAG L & R)
4 2 Basic (1/4 L & 1/2 R)
4 Triple (3/4 L)
8 2 Stomp Double (DIAG R & L)
4 2 Basic (1/4 R & 1/2 L)
4 Triple (3/4 R)

Part D (32 beats)

8 Mamma
4 2 Basic (1/4 L & 1/2 R)
4 Triple (3/4 L)
8 Mamma
4 2 Basic (1/4 R & 1/2 L)
4 Triple (3/4 R)

Break (12 beats)

8 Cowboy
4 Fancy Double

Part A (38 beats)

16 4 Rocking Chair (1/4 L EA)
16 2 Brenda Basic
4 Fancy Triple
2 Basic

Part B (36 beats)

8 2 Crossover Brush
4 2 Basic (1/4 L & 1/2 R)
4 Triple (3/4 L)
8 2 Crossover Brush (Rft)
4 2 Basic (1/4 R & 1/2 L)
4 Triple (3/4 R)
4 2 Brush Up

Quick Cues

Part C (32 beats)

8 2 Stomp Double (DIAG L & R)
4 2 Basic (1/4 L & 1/2 R)
4 Triple (3/4 L)
8 2 Stomp Double (DIAG R & L)
4 2 Basic (1/4 R & 1/2 L)
4 Triple (3/4 R)

Part D (32 beats)

8 Mamma
4 2 Basic (1/4 L & 1/2 R)
4 Triple (3/4 L)
8 Mamma
4 2 Basic (1/4 R & 1/2 L)
4 Triple (3/4 R)

Break* (4 beats)

4 Fancy Double

Bridge (38 beats)

8 High Horse
4 Joey
4 Fancy Double
8 High Horse (Rft)
4 Joey
4 Fancy Double
4 Triple
2 Basic

Part C (32 beats)

8 2 Stomp Double (DIAG L & R)
4 2 Basic (1/4 L & 1/2 R)
4 Triple (3/4 L)
8 2 Stomp Double (DIAG R & L)
4 2 Basic (1/4 R & 1/2 L)
4 Triple (3/4 R)

Part D (32 beats)

8 Mamma
4 2 Basic (1/4 L & 1/2 R)
4 Triple (3/4 L)
8 Mamma
4 2 Basic (1/4 R & 1/2 L)
4 Triple (3/4 R)

End (27 beats)

16 2 Cowboy (1/2 L EA)
8 2 Joey
2 2 Double Step (FWD)
1 Double Step (XIF)

Step Definitions - Poi E

ROCKING CHAIR:

DS BR H DS RS
L R L R LR
&1 & 2 &3 &4

BRENDA BASIC:

DS TCHH(F) H TT(BK) H DT(F) H TCHH(XIF) H STA H DS RS
L R L R L R L R L R LR
&1 & 2 & 3 & 4 & 5 & 6 &7 &8

FANCY TRIPLE:

DS(OTS) DS(XIF) DS(XIB) R(OTS) S(XIF)
L R L R L
&1 &2 &3 & 4

TRIPLE:

DS DS DS RS
L R L RL
&1 &2 &3 &4

BRUSH UP:

DS BR H
L R L
&1 & 2

BASIC:

DS RS
L RL
&1 &2

CROSSOVER BRUSH:

DS DT(XIF) H DT(X) H BR H
L R L R L R L
&1 & 2 & 3 & 4

STOMP DOUBLE:

(P) STO DS DS RS (CAN BE DR INSTEAD OF (P) AT START)
L R L RL
& 1 &2 &3 &4

MAMMA:

DS TCH(XIF) SL TCH(F) SL TT(BK) SL DS TCH(XIF) SL TCH(F) SL TT(BK) SL
L R L R L R L R L R L R
&1 & 2 & 3 & 4 &5 & 6 & 7 & 8

COWBOY (In this dance turn 1/2 L on counts &4)

[DS DS DS BR(XIF) H] (FWD) [DS(XIF) R(BK) S(XIF) R(BK) S(XIF) R(BK) S(XIF)] (BK)
L R L R L R L R L R L R
&1 &2 &3 & 4 &5 & 6 & 7 & 8

FANCY DOUBLE:

DS DS RS RS
L R LR LR
&1 &2 &3 &4

HIGH HORSE:

DS DT(XIF) SL DT(X) SL BA(OTS) BA(XIF) HD/BA LIFT/SL DS DS RS
L R L R L R L L/R L/R L R LR
&1 & 2 & 3 & 4 & 5 &6 &7 &8

JOEY:

DS BA(XIB) BA(OTS) BA(OTS) BA(XIB) BA(BS) S
L R L R L R L
&1 & 2 & 3 & 4

DOUBLE STEP:

DS
L
&1