

# RISE

**Level:** Intermediate  
**Artist:** Jonas Blue  
**Choreo:** Auckland & Nelson Cloggers New Zealand  
**Speed:** Normal **Length:** 3.20  
**Sequence:** A, B, C, A, CH, D, B, C, A, CH, END  
**Intro:** Wait 8 beats Left foot lead

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## Quick Cues

### Part A (32 beats)

4 Double Toe Heels  
4 **2** Lori Step  
4 Double Toe Heels  
4 **2** Crazy Basic  
8 Heel Walk Extra  
8 Snake Back Track

### Part B (32 beats)

4 **2** Scoot  
4 Syncopation  
4 Joey  
4 Double Charley  
8 Mountain Goat Toe Slide Basic  
4 Catawba  
4 **2** Basic

### Part C (32 beats)

8 Stomp Sync  
4 Turn (1/2R)  
4 Dirty Fours  
**16 REPEAT OPP FOOTWORK**

### Part A (32 beats)

4 Double Toe Heels  
4 **2** Lori Steps  
4 Double Toe Heels  
4 **2** Crazy Basic  
8 Heel Walk Extra  
8 Snake Back Track

### Chorus (32 beats)

8 Samantha Heel Pivot (1/2 R)  
8 MJ Berry  
**16 REPEAT**

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## Quick Cues

### Part D (32 beats)

8 Loop Rougie Vine  
8 MJ Slur Three  
8 Triple Lori Pull Touch  
8 Loop Rougie Vine

### Part B (32 beats)

4 **2** Scoot  
4 Syncopation  
4 Joey  
4 Double Charley  
8 Mountain Goat Toe Slide Basic  
4 Catawba  
4 **2** Basic

### Part C (32 beats)

8 Stomp Sync  
4 Turn (1/2R)  
4 Dirty Fours  
**16 REPEAT OPP FOOTWORK**

### Part A (32 beats)

4 Double Toe Heels  
4 **2** Lori Steps  
4 Double Toe Heels  
4 **2** Crazy Basic  
8 Heel Walk Extra  
8 Snake Back Track

### Chorus (32 beats)

8 Samantha Heel Pivot (1/2 R)  
8 MJ Berry  
**16 REPEAT**

### End (1/2 beat)

1/2 Quick Step

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## Step Definitions - Rise

### DOUBLE TOE HEELS:

DS T-H T-H RS  
L R R L L RL  
&1 &2 &3 &4

### LORI STEP:

DS DT H  
L R L  
&1 &2

### CRAZY BASIC:

DS (XIB) RS  
L RL  
&1 &2

### HEEL WALK EXTRA:

DS DS H (WGT) H (WGT) RS H (WGT) H (WGT) RS DS DS  
L R L R LR L R LR L R  
&1 &2 &3 &4 &5 &6 &7 &8



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**Step Definitions continued - Rise**

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**SNAKE BACK TRACK:**

DS H(WGT XIF TW) S(OTS) R(BK) S(OTS) H(WGT XIF TW) S(OTS) R(BK) S(OTS) DS(OTS)  
L R L R L R L R L R  
&1 & 2 & 3 & 4 & 5 &6  
H(WGT XIF TW) S(OTS) R(BK) S(OTS)  
L R L R  
& 7 & 8

**SCOOT:**

DS-SC-SC (P) STO DS STO DS STO  
L L L L R L R L  
&1 & 2 & 1 &2 & 3& 4

**JOEY:**

DS BA(XIB) BA(OTS) BA(OTS) BA(XIB) BA(BS) S  
R L R L R L R  
&1 & 2 & 3 & 4

**SYNCOPIATION:****DOUBLE CHARLEY:**

DS DT H T-H RS  
L R L R R LR  
&1 & 2 & 3 &4

**MOUNTAIN GOAT TOE SLIDE BASIC:**

DS BA(XIF) BA(OTS) BA(OTS) BA(XIF) BA(XIB)-SL RS BA-SL DS RS  
L R L R L R L R LR L L R LR  
&1 & 2 & 3 & 4 &5 & 6 &7 &8

**CATAWBA:**

DT-BA/HD BO/HD HD/BA HD/BO BA/HD HD/BA LIFT/SL  
L L/R L/R L/R L/R L/R L/R L /R  
& 1 & 2 & 3 & 4

**BASIC:**

DS RS  
L RL  
&1 &2

**STOMP SYNC:**

(P) STO(XIF) R(BK) S(BS) (P) STO(XIF) R(BK) S(BS) S STO(XIF) R(BK) S(BS) (P) STO(XIF) R(BK) S(BS)  
L R L R L R L R L R L R L R L R L  
& 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

**TURN:**

DS DT(XIF) BA(XIF)/BA PVT(1/2 R) H/LIFT RS  
R L L/R L/R RL  
&1 & 2 & 3 &4

**DIRTY FOURS:**

(P) S(XIF) SLR(REV) S(XIF) SLR(REV) S(XIF) SLR(REV) S(XIF)  
R L L R R L L  
& 1 & 2 & 3 & 4

**SAMANTHA HEEL PIVOT:**

DS DS(XIF) DR S(BK) DR S(BK) R H(WGT) PVT(1/2 R) S DS RS  
L R R L L R L R R L R LR  
&1 &2 & 3 & 4 & 5 & 6 &7 &8

**MJ BERRY:**

DS DS(XIB) R S(OTS) (P) S DT H DS DT H RS  
L R L R L R L R L R LR  
&1 &2 & 3 & 4 & 5 &6 & 7 &8

**LOOP ROUGIE VINE:**

DS-SL/LOOP-S(XIB) BA(OTS) BA(XIF) SL S DS(XIB) BA(OTS) BA(XIF) DS RS  
L L / R R L R L R L R L R L RL  
&1 & 2 & 3 & 4 &5 & 6 &7 &8

**MJ SLUR THREE:**

DS DS(XIB) R S(OTS) SLR-S(XIB) R S(OTS) SLR-S(XIB) R S(OTS) SLR-S(XIB)  
R L R L R R L R L L R L R R  
&1 &2 & 3 & 4 & 5 & 6 & 7 & 8

**TRIPLE LORI PULL TOUCH:**

DS DT H DS DT H DS DT H R H(WGT DIAG) PULL-TCH(BS)  
L R L R L R L R L R L R R R  
&1 & 2 &3 & 4 &5 & 6 & 7 & 8

**QUICK STEP (1/2):**

S  
L  
&