

## UPSIDE DOWN

**Level:** BASIC+3  
**Music:** KIYOMI VELLA  
**Choreo:** LORAINÉ WHITFIELD CQ CLOGGERS  
[glwhitfield@dodo.com.au](mailto:glwhitfield@dodo.com.au)  
**Speed:** Plus 5% **Length:** 3:03  
**Sequence:** Intro A B C D B C E A End  
**Wait:** 8 BEATS; Left Foot Lead

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Quick Cues

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### Intro (8 Beats)

8 2 Chain (L&R)

### Part A (32 Beats)

16 2 Toe Heel Clogover (L&R)  
16 4 Rocking Chair (1/4L EA)

### Part B (16 Beats)

16 2 Fancy Vine (L&R)

### Part C (32 Beats)

4 Travelling Triple Slur  
4 Triple  
4 Travelling Triple Slur (Rft)  
4 Triple (Rft)  
4 Charleston  
4 2 Kick (1/4L EA)  
4 Charleston  
4 2 Kick (1/4L EA)

### Part D (32 Beats)

4 Quick Turkey  
4 Triple (1/4R)  
24 REPEAT 3 MORE TIMES

### Part B (16 Beats)

16 2 Fancy Vine (L&R)

### Part C (32 Beats)

4 Travelling Triple Slur  
4 Triple  
4 Travelling Triple Slur (R)  
4 Triple (R)  
4 Charleston  
4 2 Kick (1/4L EA)  
4 Charleston  
4 2 Kick (1/4L EA)

### Part E (32 Beats)

4 Stomp Double  
4 Stomp Double (Rft) (1/2 R)  
8 2 Toe Heel Basic  
16 REPEAT

### Part A (32 Beats)

16 2 Toe Heel Clogover (L&R)  
16 4 Rocking Chair (1/4L EA)

### Ending (31 Beats)

4 Travelling Triple Slur  
4 Triple  
4 Travelling Triple Slur (Rft)  
4 Triple (Rft)  
4 Charleston  
4 2 Kick  
4 Charleston  
3 Double Basic



Amended to ACA  
Recommended Format  
14 JAN 2020

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## STEP EXPLANATION FOR (UPSIDE DOWN)

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### CHAIN:

DS RS RS RS (MVE FWD BK L OR R)  
L RL RL RL  
&1 &2 &3 &4

### TOE HEEL CLOGOVER:

T-H(OTS) T-H(XIF) T-H(OTS) T-H(XIB) T-H(OTS) T-H(XIF) T-H(OTS) RS  
L L R R L L R R L L R R L L RL  
& 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

### ROCKING CHAIR:

DS BR SL DS RS  
L R L R LR  
&1 & 2 &3 &4

### FANCY VINE:

DS(OT) DS(XIF) DS(OTS) RS DS(XIF) DS(OTS) RS RS  
L R L RL R L RL RL  
&1 &2 &3 &4 &5 &6 &7 &8

### TRAVELLING TRIPLE SLUR:

DS(OTS) DS(XIF) DS(OTS) SLR-S(XIB)  
L R L R R  
&1 &2 &3 & 4

### TRIPLE:

DS DS DS RS  
L R L RL  
&1 &2 &3 &4

### CHARLESTON:

DS TCH(F) H T-H(BK) RS  
L R L R R LR  
&1 & 2 & 3 &4

### KICK:

DS K H  
L R L  
&1 & 2

### QUICK TURKEY:

LIFT/DR H-FL(OTS) BA(XIB) R(OTS) H-FL(OTS) S(XIB) (CAN BE A (P) INSTEAD OF LIFT/DR)  
L /R L L R L R R L  
& 1 & 2 & 3 & 4

### STOMP DOUBLE:

(P) STO DS DS RS (CAN BE DR INSTEAD OF (P) AT START)  
L R L RL  
& 1 &2 &3 &4

### TOE HEEL BASIC:

T-H T-H DS RS  
L R L RL  
& 1 & 2 &3 & 4

### DOUBLE BASIC:

DS DS RS  
L R LR  
&1 &2 &3