

# BETTER LIFE

**Level:** Basic + 3  
**Artist:** Keith Urban CD "Keith Urban Greatest Hits"  
**Chore:** Frances Look: Chug-A-Lug, Double Jingle  
**Sequence:** A, B, Chorus, Instr., A, B, Chorus, C, D, Chorus\*, Ending  
**Wait:** 24 Beats; Left Foot lead Music Faded at 3.10 Minutes.

## Quick Cues

### Part A (32 Beats)

8 Clogover Vine  
8 2 Break Step  
16 REPEAT OPP FOOTWORK

### Part B (16 Beats)

8 2 Stomp Double  
4 2 Side Touch  
4 Fancy Double

### Chorus (32 Beats)

4 2 Slur Step  
4 Chain (L)  
4 2 Drag Basics  
4 Fancy Double  
16 REPEAT OPP FOOTWORK

### Instrumental (16 Beats)

16 Stumble Touch (L & R)

### Part A (32 Beats)

8 Clogover Vine  
8 2 Break Step  
16 REPEAT OPP FOOTWORK

### Part B (16 Beats)

8 2 Stomp Double  
4 2 Side Touch  
4 Fancy Double

## Quick Cues

### Chorus: (32 Beats)

4 2 Slur Step  
4 Chain (L)  
4 2 Drag Basic  
4 Fancy Double  
16 REPEAT OPP FOOTWORK

### Part C (32 Beats)

4 Slur Brush (1/2 L)  
4 Rocking Chair  
8 2 Fancy Triple  
4 Slur Brush (1/2 R)  
4 Rocking Chair  
8 2 Fancy Triple

### Part D (32 Beats)

8 Cowboy (1/2 L)  
8 Vine (L & R)  
8 Cowboy (1/2 L)  
8 2 Turkey

### CHORUS \* (64 Beats)

4 2 Slur Step  
4 Chain (L)  
4 2 Drag Basics (1/4 R)  
4 Joey (Rft)  
48 REPEAT 3 MORE TIMES

### Ending. (8 Beats)

8 2 Stomp Double



Amended to ACA  
Recommended  
Format  
2 JAN 2020

## Step Definitions:

## BETTER LIFE

CLOGOVER VINE:

DS (OTS)	DS (XIF)	DS (OTS)	DS (XIB)	DS (OTS)	DS (XIF)	DS	RS
L	R	L	R	L	R	L	RL
&1	&2	&3	&4	&5	&6	&7	&8

BREAK STEP:

DT-S (XIF) / FLA	(P)	K/S (BK)	(P)	S (BK)	RS	<u>SIDE TOUCH:</u>	
L L / R		L/R		L	RL	DS	TCH (OTS) H
&	1	&	2	&	3	&4	L R L
							&1 & 2

STOMP DOUBLE:

(P) STO DS DS RS (CAN BE DR INSTEAD OF (P) AT START)

	L	R	L	RL
&	1	&2	&3	&4

ROCKING CHAIR:

DS	BR	SL	DS	RS
L	R	L	R	LR
&1	&	2	&3	&4

FANCY DOUBLE:

DS	DS	RS	RS
L	R	LR	LR
&1	&2	&3	&4

ROCKING BASIC:

DS	R (XIB)	S
L	R	L
&1	&	2

SLUR STEP:

DS (OTS)	SLR-S (XIB)
L	R R
&1	& 2

CHAIN:

DS RS RS RS (MOVE FWD BK L OR R)

L	RL	RL	RL
&1	&2	&3	&4

DRAG BASIC:

K/DR	S	RS
L/R	L	RL
&	1	&2

FANCY TRIPLE:

DS (OTS)	DS (XIF)	DS (XIB)	R (OTS)	S (XIF)
L	R	L	R	L
&1	&2	&3	&	4

STUMBLE TOUCH:

DS (OTS)	DR	S (XIF)	DS (OTS)	DR	S (XIF)	DS	TCH (F)	H
L	L	R	L	L	R	L	R	L
&1	&	2	&3	&	4	&5	&	6
								7
								&
								8

SLUR BRUSH: [In this dance turn 1/2 L or 1/2 R]

DS (OTS)	SLR-S (XIB)	DS	BR	H
L	R R	L	R	L
&1	&	2	&3	&
				4

COWBOY: [In this dance, turn 1/2 L]

[DS DS DS BR (XIF) H] (FWD) [DS (XIF) R (BK) S (XIF) R (BK) S (XIF) R (BK) S (XIF)] (BK)

L	R	L	R	L	R	L	R	L	R
&1	&2	&3	&	4	&5	&	6	&	7
									8

VINE:

DS (OTS)	DS (XIB)	DS (OTS)	RS
L	R	L	RL
&1	&2	&3	&4

TURKEY:

LIFT/DR H-FL (OTS) S (XIB) DS RS  
(CAN BE (P) INSTEAD OF DR AT START)

L	/R	L	L	R	L	RL
&	1	&	2	&	3	&4

JOEY:

DS	BA (XIB)	BA (OTS)	BA (OTS)	BA (XIB)	BA (BS)	S
R	L	R	L	R	L	R
&1	&	2	&	3	&	4