

JOY

Level: Intermediate
Artist: Larry Hart ("SISTERELLA" soundtrack)
Choreo: Neville Flegg
Speed: Normal **Length:** 3.34 min
Order: Intro A B C A B C D C* C E Intro F Ending
Wait: 4 beats, Left foot lead

Quick Cues

Intro (32 beats)

4 Rocking Chair (1/4 L)
4 Reverse Dirty Fours (BK)
24 REPEAT 3 MORE TIMES

Part A (32 beats)

4 Four Count Vine
4 Heel Walk
4 Black Mountain (1/4 L)
4 Lori Basic (1/4 L)
16 REPEAT

Part B (32 beats)

8 MJ Triple (1/2 R)
8 Samantha Step Up
16 REPEAT

Part C (36 beats)

4 Quick Over The Log
4 Half Yes Ma'am (1/4 L)
4 Quick Over The Log
4 Half Yes Ma'am (1/4 L)
4 Quick Over The Log
4 Half Yes Ma'am (1/4 L)
4 Quick Over The Log
4 Half Yes Ma'am (1/4 L)
4 4 Stomp

Part A (32 beats)

4 Four Count Vine
4 Heel Walk
4 Black Mountain (1/4 L)
4 Lori Basic (1/4 L)
16 REPEAT TO FRONT

Part B (32 beats)

8 MJ Triple (1/2 R)
8 Samantha Step Up
16 REPEAT

Part C (36 beats)

4 Quick Over The Log
4 Half Yes Ma'am (1/4 L)
4 Quick Over The Log
4 Half Yes Ma'am (1/4 L)
4 Quick Over The Log
4 Half Yes Ma'am (1/4 L)
4 Quick Over The Log
4 Half Yes Ma'am (1/4 L)
4 4 Stomp

Quick Cues

Part D (32 beats)

8 2 Fancy Triple
8 Louisiana (1/2 R)
16 REPEAT

Part C* (32 beats)

4 Quick Over The Log
4 Half Yes Ma'am (1/4 L)
24 REPEAT 3 MORE TIMES

Part C (36 beats)

4 Quick Over The Log
4 Half Yes Ma'am (1/4 L)
4 Quick Over The Log
4 Half Yes Ma'am (1/4 L)
4 Quick Over The Log
4 Half Yes Ma'am (1/4 L)
4 Quick Over The Log
4 Half Yes Ma'am (1/4 L)
4 4 Stomp

Part E (8 beats)

8 2 Reverse Dirty Fours (BK)

Intro (32 beats)

4 Rocking Chair (1/4 L)
4 Reverse Dirty Fours (BK)
24 REPEAT 3 MORE TIMES

Part F (64 beats)

8 Double Baby Switch
8 MJ Triple (3/4 R)
48 REPEAT 3 MORE TIMES

Ending (13 beats)

4 4 Stomp
8 2 Reverse Dirty Fours (BK)
1 Step (FWD)



Step Descriptions - JOY

ROCKING CHAIR:

DS BR H DS RS
L R L R LR
&1 & 2 &3 &4

REVERSE DIRTY FOURS:

[SLR-S (XIB) SLR-S (XIB) SLR-S (XIB) SLR-S (XIB)] (BK)
L L R R L L R R
& 1 & 2 & 3 & 4

FOUR COUNT VINE:

DS (OTS) DS (XIF) DS (OTS) DS (XIB)
L R L R
&1 &2 &3 &4

HEEL WALK:

DS DS H (WGT) H (WGT) RS
L R L R LR
&1 &2 & 3 &4

BLACK MOUNTAIN:

DS BA/HD (F) BA/HD (F) (P) [BA (F) /TT (BK)] (1/4 L) HD (F) /BA-SL
L L/R L/R L /R L /R R
&1 & 2 & 3 & 4

LORI BASIC:

DS DT H DS RS
L R L R LR
&1 & 2 &3 &4

MJ TRIPLE: (In this dance turn as directed on &5&6&7)

DS DS (XIB) R S (OTS) (P) S DS DS DS RS
L R L R L R L R LR
&1 &2 & 3 & 4 &5 &6 &7 &8

SAMANTHA STEP UP:

DS DS (XIF) DR S (BK) DR S (BK) R S (F) (LEAN FWD) S DS RS
L R R L L R L R L R LR
&1 &2 & 3 & 4 & 5 & 6 &7 &8

QUICK OVER THE LOG:

(P) S S (P) S S (P) CLAP (HANDS)
L R L R
& 1 & 2 & 3 & 4

HALF YES MA'AM:

DS DS R S (OTS) (P) TT (BK)
L R L R L
&1 &2 & 3 & 4

STOMP:

(P) STO
L
& 1

FANCY TRIPLE:

DS (OTS) DS (XIF) DS (XIB) R (OTS) S (XIF)
L R L R L
&1 &2 &3 & 4

STEP:

(P) S
L
& 1

LOUISIANA STEP:

[DS DS DS DS] (FWD) (P) S (BK) (P) S (BK) PVT (1/2 R) S (FWD) (P) S (FWD)
L R L R L R R L R
&1 &2 &3 &4 & 5 & 6 & 7 & 8

DOUBLE BABY SWITCH:

DS DT FLA/BA (XIF) (P) BA/TCHH TCHH/BA BA (XIF) /FLA (P) TCHH/BA TCHH/BA SL DT BA/TCHH TCHH/BA SL
L R L/R L/R L/R L /R L/R L/R R L L/R L/R R
&1 & 2 & 3 & 4 & 5 & 6 & 7 & 8