

# Before I Go

Level: Intermediate Plus

Artist: Guy Sebastian

Choreo: Irmgard HuddyCCI [irmgard999@gmail.com](mailto:irmgard999@gmail.com)

Length: 3.29 mins, Speed: Normal or +5%

Sequence: A, B, Ch Br1, A,B, Ch, Br2, Ch, Br3

Wait: 8 beats, L foot lead



Beats Cue

Beats Cue

## Part A: 32 Beats

8 Tennessee Clogover Slur  
 8 Tennessee Double Slur Vine  
 4 **2** Rock Heel Pull  
 4 Flat Rocker  
 8 No Name Down

## Part B: 32 Beats

8 Buck Twisty Vine  
 4 Slur Buck basic  
 4 Rock Heel Pull Basic (**Move R**)  
 4 **2** Canadians  
 4 Kicking Goat (**FWD**)  
 8 Fake Sam Pullback

## Chorus: 32 Beats

12 Buck Summey Vine  
 4 Triple (**1/2 R**)  
**16 REPEAT above steps to face front**

## Break 1: 16 Beats

8 Sophie Repeater  
 8 No Name Down

## Part A: 32 Beats

8 Tennessee Clogover Slur  
 8 Tennessee Double Slur Vine:  
 4 **2** Rock Heel Pull  
 4 Flat Rocker  
 8 No Name Down

## Part B: 32 Beats

8 Buck Twisty Vine  
 4 Slur Buck basic  
 4 Rock Heel Pull Basic (**Move R**)  
 4 **2** Canadians  
 4 Kicking Goat (**FWD**)  
 8 Fake Sam Pullback

## Chorus: 32 Beats

12 Buck Summey Vine  
 4 Triple (**1/2 R**)  
**16 REPEAT above steps to face front**

## Break 2: 36 Beats

8 Sophie Vine (**1/2 L**)  
 8 No Name Down  
 8 Sophie Vine (**1/2 L**)  
 4 First Name  
 8 Tennessee Clogover Slur

## Chorus: 32 Beats

12 Buck Summey Vine  
 4 Triple (**1/2 R**)  
**16 REPEAT above steps to face front**

## Break 3: 16 Beats

8 Sophie Repeater  
 4 First Name  
 3 Pause for 3 slowing beats  
 1 Step (**OTS**)

## Step Explanations - "Before I Go"

### TENNESSEE CLOGOVER SLUR:

DS (OTS)	TnDn (XIF)	TnDn (OTS)	SLR-S (XIB)	TnDn (OTS)	TnDn (XIF)	TnDn (OTS)	RS
L	R	L	R R	L	R	L	RL
&1	e&a2	e&a3	& 4	e&a5	e&a6	e&a7	&8

### TENNESSEE DOUBLE SLUR VINE:

DS (OTS)	SLR-S	TnDn	TnDn (XIF)	DS (OTS)	SLR-S	TnDn	RS
R	L L	R	L	R	L L	R	LR
&1	& 2	e&a3	e&a4	&5	& 6	e&a7	&8

### ROCK HEEL PULL:

R H(WGT & DIAG)	PULL-S (BS)
L R	L L
& 1	& 2

### FLAT ROCKER:

RS	TnDn	TnDn	RS
LR	L	R	LR
&1	&2	&3	&4



## Step Explanations - "Before I Go"

### NO NAME DOWN:

DS BR SL TCH (XIF) SL DT (OTS) SL TT (BK) SL BR SL RS TnDn  
L R L R L R L R L R L RL R  
&1 & 2 & 3 & 4 & 5 & 6 &7 e&a8

### SLUR BASIC:

DS (OTS) SLR-S (XIB) DS RS  
R L L R LR  
&1 & 2 &3 &4

### ROCK HEEL PULL BASIC:

R H (WGT & OTS) PULL-S (BS) DS RS  
L R L L R LR  
& 1 & 2 &3 &4

### BUCK TWISTY VINE:

DS (OTS) DS (XIF) BA (XIB) H-BA (XIF) BA (XIB) H-BA (XIF) BA (OTS) BA (XIB) BA (OTS)  
L R L R R L R R L R L  
&1 &2 & a 3 & a 4 & 5 &  
BA (XIF) DBL-BA H-BA H-S  
R L L R R L L  
6 &a 7 e & a 8

### CANADIAN:

DBL-BA DBL HOP TCH  
L L R L R  
&a 1 e& a 2

### TRIPLE:

DS DS DS RS  
R L R LR  
&1 &2 &3 &4

### STEP:

(P) S  
R  
& 1

### KICKING GOAT:

DS/K (F) BA (XIF) BA (BK) /K K/BA BA (XIF) BA (XIB) SL (MOVE FWD)  
L/R R L/R L/R L R R  
&1 & 2 & 3 & 4

### FAKE SAM PULLBACK:

DS DS (XIF) DR S (BK) DR S (BK) R S (FWD) TT (BK) DR TCH (BS) S TT (BK) DR TCH (BS) S  
L R R L L R L R L R L R L R L R  
&1 &2 & 3 & 4 & 5 e & 6 & a 7 & 8

### BUCK SUMMEY VINE:

DS (OTS) DS (XIF) DS (OTS) T-BA H-BA/HD (F) (P) S (XIF) T-BA H-S DS T-BA  
L R L R R L L/R R L L R R L R R  
&1 &2 &3 e & a 4 & 5 e & a 6 &7 e &  
H-BA/HD (F) (P) S (XIF) T-BA H-BA DS RS  
L L /R R L L R R L RL  
A 8 & 9 e & a10 &11 &12

### SOPHIE REPEATER:

DS TnDn (XIF) T-BA H-BA T-BA H-S TnDn (XIF) T-BA H-BA T-BA H-S TnDn (XIF)  
L R L L R R L L R R L R R L L R R L L R  
&1 e&a2 e & a 3 e & a 4 e&a5 e & a 6 e & a 7 e&a8

### SOPHIE VINE: (In this dance 1/2 L on Beats e&a5e&a6)

DS TnDn (XIF) T-BA H-BA (XIF) T-BA H-S (XIF) TnDn (OTS) T-BA H-BA (OTS)  
L R L L R R L L R R L R R L L  
&1 e&a2 e & a 3 e & a 4 e&a5 e & a 6  
DR (SWING R LEG) S (XIF) RS  
L R LR  
& &7 &8

### FIRST NAME:

DS BR SL TCH (XIF) SL DT (OTS) SL  
L R L R L R L  
&1 & 2 & 3 & 4