

# 455 ROCKET

**Level:** Intermediate

**Artist:** KATHY MATTEA

**Choreo:** N Flegg, J Bishop & K Small (1998)

**Speed:** Normal (or minus 5%)

**Length:** 4min.11sec

**Sequence:** A B A B A A B C

**Wait:** 32 beats

## Quick Cues

### Part A (64 beats)

4 Stagger  
4 **2 Sway (1/4 R only)**  
4 Stagger  
8 Vine Brush & Touches **(1/4 L)**  
4 **2 Basic (Fwd)**  
2 Basketball Turn **(1/2 R)**  
2 Burton Switch  
4 **2 Basic (Fwd)**  
32 **REPEAT**

### Part B (64 beats)

8 Step Up & Back  
2 Rock Heel Pull  
1 Double Step  
4 Karate **(1/2 L)**  
1 Double Step  
8 **4 Brush Up (Fwd)**  
4 **4 Double Step (Bk & 1/2 R)**  
4 Jazz Box Touch  
8 **2 Charleston Kick**  
8 Clogover Vine **(1/2 L)**  
8 **4 Brush Up (Fwd)**  
4 **4 Double Step (Bk & 1/2 R)**  
4 Jazz Box Touch

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### Part B (64 beats)

8 Step Up & Back  
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32 **REPEAT**

### Part B (64 beats)

8 Step Up & Back  
2 Rock Heel Pull  
1 Double Step  
4 Karate **(1/2 L)**  
1 Double Step  
8 **4 Brush Up (Fwd)**  
4 **4 Double Step (Bk & 1/2 R)**  
4 Jazz Box Touch  
8 **2 Charleston Kick**  
8 Clogover Vine **(1/2 L)**  
8 **4 Brush Up (Fwd)**  
4 **4 Double Step (Bk & 1/2 R)**  
4 Jazz Box Touch

### Part C (19 beats)

4 Stagger  
4 **2 Sway (1/4 R)**  
4 Stagger  
3 **3 Double Step**  
4 Cross Unwind **(1/4 R)**



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## Step Definitions - 455 ROCKET

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### STAGGER:

DT-BA/HD(OTS) (P) BA(XIF) (P) H(XIF) R(OTS) S(XIF)  
L L /R R R L R  
& 1 & 2 & 3 & 4

### SWAY: (\* Denotes foot remains on floor throughout step)

(P) S\*(OTS HIP L)/BA\*(LIFT H) (P) BA(LIFT H)/H(HIP R)  
L /R L /R  
& 1 & 2

### VINE BRUSH & TOUCHES: {In this dance 1/4 L on BR}

DS(OTS) DS(XIB) DS(OTS) BR SL TCH(XIF) SL TCH(X) SL DS RS  
L R L R L R L R L R LR  
&1 &2 &3 & 4 & 5 & 6 &7 &8

### BASIC:

DS RS  
L RL  
&1 &2

### BASKETBALL TURN:

(P) S(FWD) PVT(1/2 R) S  
L L R  
& 1 & 2

### BURTON SWITCH:

DT-BA/HD HD/BA LIFT/SL  
L L/R L/R L /R  
& 1 & 2

### STEP UP & BACK:

(P) S(FWD) (P) S(BS) DS RS (P) S(BK) (P) S(BS) DS RS  
L R L RL R L R LR  
& 1 & 2 &3 &4 & 5 & 6 &7 &8

### ROCK HEEL PULL:

R H(WGT & DIAG) PULL-S(BS)  
L R L L  
& 1 & 2

### BRUSH UP:

DS BR H  
L R L  
&1 & 2

### DOUBLE STEP:

DS  
L  
&1

### KARATE:

DS-PVT(1/2 L)/K H (P) S K H  
L L /R L R L R  
&1 & 2 & 3 & 4

### JAZZ BOX TOUCH:

T-H(OTS) T-H(XIF) T-H(BK) TT(BK) H  
R R L L R R L R  
& 1 & 2 & 3 & 4

### CHARLESTON KICK:

DS-DR/K H T-H(BK) RS  
L L/R L R R LR  
&1 & 2 & 3 & 4

### CLOGOVER VINE: [ In this dance 1/2 L on &4&5]

DS(OTS) DS(XIF) DS(OTS) DS(XIB) DS(OTS) DS(XIF) DS RS  
L R L R L R L RL  
&1 &2 &3 &4 &5 &6 &7 &8

### CROSS & UNWIND (SLOW):

(P) T-BA(XIF)/BA TURN(1/2 R) H  
R R /L R  
& 1 & 2&3& 4