

Ob-La-Di, Ob-La-Da



Level: Easy Intermediate

Artist: The Beatles - The White Album

Choreo: Andrew Perry, CCI-Dickinson NY 518-529-6157

Speed: Normal

Length: 3:09

Sequence: A B A B C A B C A B Ending

Intro: Wait 16 beats; Left Foot Lead

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Quick Cues

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Part A (32 beats)

4 2 Rocking Basic
4 Toe Vine Brush
4 Slur Basic
4 Rocker (1/2 R)
16 REPEAT

Part B (32 beats)

4 Rock Motown
4 Triple Kick (1/2 L)
4 Jog 'n' Dig
4 Triple
16 REPEAT

Part B (32 beats)

4 Rock Motown
4 Triple Kick (1/2 L)
4 Jog 'n' Dig
4 Triple
16 REPEAT

Part C (32 beats)

4 Twisty Four
4 Rocking Chair (1/2 L)
6 3 Rock Heel Pull
2 Basic
16 REPEAT

Part A (32 beats)

4 2 Rocking Basic
4 Toe Vine Brush
4 Slur Basic
4 Rocker (1/2 R)
16 REPEAT

Part A (32 beats)

4 2 Rocking Basic
4 Toe Vine Brush
4 Slur Basic
4 Rocker (1/2 R)
16 REPEAT

Part B (32 beats)

4 Rock Motown
4 Triple Kick (1/2 L)
4 Jog 'n' Dig
4 Triple
16 REPEAT

Part B (32 beats)

4 Rock Motown
4 Triple Kick (1/2 L)
4 Jog 'n' Dig
4 Triple
16 REPEAT

Part C (32 beats)

4 Twisty Four
4 Rocking Chair (1/2 L)
6 3 Rock Heel Pull
2 Basic
16 REPEAT

Ending (8 beats)

4 Triple Kick
4 Jog 'n' Dig Clap

Part A (32 beats)

4 2 Rocking Basic
4 Toe Vine Brush
4 Slur Basic
4 Rocker (1/2 R)
16 REPEAT



Step Definitions - Ob-La-Do, Ob-La-Da

ROCKING BASIC:

DS R(XIB) S
L R L
&1 & 2

SLUR BASIC:

DS (OTS) SLR-S (XIB) DS RS
L R R L RL
&1 & 2 &3 &4

TOE VINE BRUSH:

DS (OTS) TT-S (XIB) [DS BR H] (1/4 L)
L R R L R L
&1 & 2 &3 & 4

ROCKER:

RS DS DS RS
LR L R LR
&1 &2 &3 &4

ROCK MOTOWN:

BA TCHH (OTS) BA (OTS) BA (XIB) BA (OTS) TCHH (OTS) BA (OTS) BA (XIB)
L R R L R L L R
& 1 & 2 & 3 & 4

TRIPLE KICK:

DS DS DS K H
L R L R L
&1 &2 &3 & 4

JOG 'N' DIG:

DS [BA BA BA HD/BA] (BK) (P) S
R L R L L/R L
&1 & 2 & 3 & 4

TRIPLE:

DS DS DS RS
L R L RL
&1 &2 &3 &4

ROCKING CHAIR:

DS BR H DS RS
L R L R LR
&1 & 2 &3 &4

TWISTY FOUR:

DS (OTS) DS (XIF) BA (OTS) BA (XIB) BA (OTS) S (XIF)
L R L R L R
&1 &2 & 3 & 4

ROCK HEEL PULL:

R H (WGT DIAG) PULL-S (BS)
L R L L
& 1 & 2

BASIC:

DS RS
L RL
&1 &2

JOG 'N' DIG CLAP:

DS [BA BA BA HD/BA] (BK) (P) CLAP
R L R L L/R
&1 & 2 & 3 & 4