

STAY YOUNG

Level: Basic +1
Record: Don Williams Record: MCA - 52310
Choreo Idono, Sumwear, USA
Speed: Normal Length: 3.01
Sequence: A, B, A, A, B, A,B,Ending
Intro: Wait 16 Beats

PART A (32 Beats)

8 2 Triple
4 Travelling Triple (L)
4 2 Basic (1/2R)
8 2 Triple
4 Travelling Triple (R)
4 2 Basic (1/2L)

PART B 32 Beats

8 Heel Walk
4 2 Basic (1/4L)
24 REPEAT 3 TIMES (in a box)

PART A (32 Beats)

8 2 Triple
4 Travelling Triple (L)
4 2 Basic (1/2R)
8 2 Triple
4 Travelling Triple (R)
4 2 Basic (1/2L)

PART A (32 Beats)

8 2 Triple
4 Travelling Triple (L)
4 2 Basic (1/2R)
8 2 Triple
4 Travelling Triple (R)
4 2 Basic (1/2L)

PART B 32 Beats

8 Heel Walk
4 2 Basic (1/4L)
24 REPEAT 3 TIMES (in a box)

PART A (32 Beats)

8 2 Triple
4 Travelling Triple (L)
4 2 Basic (1/2R)
8 2 Triple
4 Travelling Triple (R)
4 2 Basic (1/2L)

PART B 32 Beats

8 Heel Walk
4 2 Basic (1/4L)
24 REPEAT 3 TIMES (in a box)

ENDING: 20 Beats

8 2 Triple
8 2 Travelling Triple (L & R)
4 Triple Stomp

Corrected to current ACA
Terminology -1st |December 2017



Step Definitions : STAY YOUNG

TRIPLE :

DS DS DS RS
L R L RL
&1 &2 &3 &4

TRAVELLING TRIPLE :

DS (OTS) DS (XIF) DS (OTS) RS
L R L RL
&1 &2 &3 &4

BASIC :

DS RS
L RL
&1 &2

HEEL WALK :

DS DS H (WGT) H (WGT) RS
L R L R LR
&1 &2 & 3 &4

TRIPLE STOMP :

DS DS DS STO STO
L R L R L
&1 &2 &3 & 4