

<b>Dance Level</b>	<b>Stressed Out</b>	
<b>Artist</b>	<b>Advanced</b>	
<b>Choreo</b>	<b>Twenty One Pilots</b>	
<b>Speed</b>	<b>Peter Wee &amp; John Bishop</b>	<b>Length 3:22</b>
<b>Sequence</b>	<b>Normal</b>	
<b>Wait</b>	<b>A B C D A* B C E C E</b>	
	<b>16 Beats; Left Foot Lead</b>	

	<b><u>Part A (24 Beats)</u></b>		<b><u>Part B (16 Beats)</u></b>
16	2 Chasin' Down Gallop		4 Double Basic Slur (1/2 R)
8	Tennessee Slide & Drag		4 Doubles & Flange
			4 Double Basic Slur (1/2 R)
			4 Doubles & Flange
	<b><u>Part B (16 Beats)</u></b>		<b><u>Part C (32 Beats)</u></b>
4	Double Basic Slur (1/2 R)		32 2 Stressed Out (1/2 L on ea)
4	Doubles & Flange		
4	Double Basic Slur (1/2 R)		<b><u>Part E (32 Beats)</u></b>
4	Doubles & Flange		8 Flat Gypsy Slide (1/2 L)
	<b><u>Part C (32 Beats)</u></b>		4 2 Rocking Toe Buck Basic
32	2 Stressed Out (1/2 L on ea)		4 Gregory Stomp 'n' Slide
			16 <b><u>REPEAT ABOVE TO FRONT</u></b>
	<b><u>Part D (16 Beats)</u></b>		<b><u>Part C (32 Beats)</u></b>
16	2 Hopping Clogvine Buck		32 2 Stressed Out (1/2 L on ea)
	<b><u>Part A* (34 Beats)</u></b>		<b><u>Part E (32 Beats)</u></b>
8	Chasin' Down Gallop		8 Flat Gypsy Slide (1/2 L)
8	Tennessee Slide & Drag		4 2 Rocking Toe Buck Basics
8	Chasin' Down Gallop		4 Gregory Stomp 'n' Slide
8	Tennessee Slide & Drag		16 <b><u>REPEAT ABOVE TO FRONT</u></b>
2	2 Crimp Roll		



## Step Descriptions For "Stressed Out"

### CHASIN' DOWN GALLOP:

DS TCHH-H(WGT) H-BA SLAP-BA H-BA TnDn  
L R R L L R R L L R  
&1 e & a 2 e & a 3 e&a4

[BA T-BA/K(XIF) BA T-BA/K(XIF) BA T-BA/K(XIF)] (MOVE L) BA/HD SL/LIFT  
L R R/L L R R/L L R R/L L/R L/R  
& a 5 & a 6 & a 7 & 8

### TENNESSEE SLIDE & DRAG:

DS TnUp(XIF) TnUp(X) T-BA H-S TnDn SK DR-POP SLAP BO/BO (P) SL/SL DR/DR LIFT/SL  
L R R R R L L R L R L L/R L/R L/R L/R  
&1 e&a2 e&a3 e & a 4 e&a5 e & a 6 & 7 & 8

### DOUBLE BASIC SLUR: (In this dance PVT 1/2 R on SLR(REV))

DS DS R S(FWD) SLR(REV) LIFT/SL  
L R L R L L /R  
&1 &2 & 3 & 4

### DOUBLES & FLANGE:

DT-BA DT FLA/BA(XIF) BA(XIB) DT-BA(OTS) DT-BA(XIF)/FLA HD/BA LIFT/SL  
L L R L/R L R R L L/R L/R L/R  
&a 1 ea & 2 ea & 3 & 4

### STRESSED OUT:

DS SK DR-POP SLAP(XIF) BA/BA(XIF) PVT(1/2 L) H/H SL/SL DR/DR  
L R L R L/R L/R L/R L/R  
&1 e & a 2 & 3 & 4

(P) S TnDn (P) S(F) TT(BK) PLBK TCH(F) (P) S(F) TT(BK) PLBK TCH(F)  
L R L R L R R L R L  
& 5 e&a6 & 7 e &a 8 & 9 e &a 10

(P) S TnDn DS DBL(F) H DBL(OTS) H T-BA DBL HOP TCH(BS)  
L R L R L R L R R L R L  
& 11 &a12 &13 e& a 14e & a 15 e& a 16

### HOPPING CLOGVINE BUCK:

DS(OTS) HOP H-S(XIF) DS(OTS) HOP T-BA(XIB) DS(OTS) HOP H-S(XIF) DBL-BA H-BA H-BA  
L L R R L L R R L L R R L L R R L L  
&1 & a 2 &3 & a 4 &5 & a 6 &a 7 e & a 8

### CRIMP ROLL:

BA BA H H  
L R L R  
e & a 1

### FLAT GYPSY SLIDE: (In this dance turn 1/2 L)

DS TnUp(FLR) R S TnUp(FLR) R S TnDn TnDn BA-SL)  
L R R L R R L R L R R  
&1 e&a2 & 3 e&a4 & 5 e&a6 e&a7 & 8

### ROCKING TOE BUCK BASIC:

DBL-BA T-BA(XIB) H-BA  
L L R R L L  
&a 1 e & a 2

### GREGORY STOMP 'N' SLIDE:

DBL-BA TCHH(OTS) LIFT/(CLK R H TO L H) BA BA TCHH(OTS) LIFT/(CLK R H TO L H) BA BA STO-SL  
L L R L/R R L R L/R R L R R  
&a 1 e & a 2 e & a 3 & 4