

# Can't Stop the Feeling

Level: Intermediate Plus Length: 3:53 mins  
 Artist: Justin Timberlake  
 Choreo: Irmgard Huddy CCI [irmgard999@gmail.com](mailto:irmgard999@gmail.com)  
 Speed: Normal (or slower if you like)  
 Sequence: A, B, C, Ch, Bk, A, B, C, Ch, Bk\*, D, Ch\*, End  
 Wait 16 beats, L foot lead



Restamped 4 FEB 2017  
 with some new steps.

Beats Cues

## Part A: 32 Beats

- 8 Hopping Clogvine Twist
- 8 Flat Samantha Heel Pivot (1/2 R)
- 8 Tennessee Clogover Slur
- 8 Flat Gypsy (1/2 L)

## Part B: 32 Beats

- 8 Flat Cowboy Drag Back (Diag L)
- 4 Stagger
- 4 Fancy Triple
- 16 REPEAT ABOVE STEPS (OPP FT)

## Part C: 32 Beats

- 8 Follow Me (1/2 R)
- 8 2 Pump Touches
- 8 Follow Me (1/2 L)
- 8 Windster Rock

## Chorus: 32 Beats

- 4 Fancy Twist (1/4R)
- 4 Saturday Step
- 4 Fancy Twist (1/4R)
- 4 Step Running Doubles
- 16 REPEAT ABOVE STEPS TO FRONT

## Break: 16 Beats

- 16 2 Hopping Jackson Break(1/2 L on ea)

## Part A: 32 Beats

- 8 Hopping Clogvine Twist
- 8 Flat Samantha Heel Pivot (1/2 R)
- 8 Tennessee Clogover Slur
- 8 Flat Gypsy (1/2 L)

## Part B: 32 Beats

- 8 Flat Cowboy Drag Back (Diag L)
- 4 Stagger
- 4 Fancy Triple
- 16 REPEAT ABOVE STEPS (OPP FT)

## Step Descriptions:

### HOPPING CLOGVINE TWIST:

DS (OTS)	HOP	H-S (XIF)	DS (OTS)	HOP	T-BA (XIB)	DS (OTS)	HOP	H-S (XIF)	DT	[BA/BA] (H'S L)
L	L	R R	L	L	R R	L	L	R R	L	L /R
&1	&	a 2	&3	&	a 4	&5	&	a 6	&a	7

### [BA/BA] (H'S R) LIFT/SL

L /R	L	R
&	8	

### STAGGER:

DT-BA/HD (OTS)	(P)	BA (XIF)	(P)	H (XIF)	R (OTS)	S (XIF)
L	L /R	R	R	L	R	R
&	1	&	2	&	3	&
						4

Beats Cues

## Part C: 32 Beats

- 8 Follow Me (1/2 R)
- 8 2 Pump Touches
- 8 Follow Me (1/2 L)
- 8 Windster Rock

## Chorus: 32 Beats

- 4 Fancy Twist (1/4R)
- 4 Saturday Step
- 4 Fancy Twist (1/4R)
- 4 Step Running Doubles
- 16 REPEAT ABOVE STEPS TO FRONT

## Break\* 32 Beats

- 8 Hopping Jackson Break (1/4 L)
- 4 Travelling Pivot (3/4R)
- 4 Step Running Doubles
- 16 REPEAT ABOVE STEPS TO FRONT

## Part D: 36 Beats

- 8 Flat Stumble Step
- 8 Jackson Pivot (R ft lead Full L)
- 8 Flat Stumble Step
- 8 Jackson Pivot (L ft lead Full R)
- 4 Jazz Box

## Chorus\* 64 Beats

- 4 Fancy Twist (1/4R)
- 4 Saturday Step
- 8 Flat Cowboy Dragback
- 4 Fancy Twist (1/4R)
- 4 Step Running Doubles
- 8 Flat Samantha
- 32 REPEAT ABOVE STEPS TO FRONT

## Ending 17 Beats

- 8 Flat Stumble Step
- 8 Jackson Pivot (R ft lead Full L)
- 1 Rock Step (F)

**“Can’t Stop The Feeling” Step Descriptions (continued)**

**FLAT SAMANTHA HEEL PIVOT: (In this Dance 1/2 R)**

DS TnDn(XIF) DR S(BK) DR S(BK) R H(WGT) PVT(3/4 R) S TnDn RS  
 L R R L L R L R R L R LR  
 &1 e&a2 & 3 & 4 & 5 & 6 e&a7 &8

**ROCK STEP:**

RS  
 LR  
 &1

**TENNESSEE CLOGOVER SLUR:**

DS(OTS) TnDn(XIF) TnDn(OTS) SLR-S(XIB) TnDn(OTS) TnDn(XIF) TnDn(OTS) RS  
 L R L R R L R L RL  
 &1 e&a2 e&a3 & 4 e&a5 e&a6 e&a7 &8

**FLAT GYPSY: (In this dance 1/4L ea on beats 3 and 5)**

DS TnUp(FLR) RS TnUp(FLR) RS TnDn TnDn RS  
 L R RL R RL R L RL  
 &1 e&a2 &3 e&a4 &5 e&a6 e&a7 &8

**STEP RUNNING DOUBLES:**

(P) BA DBL-BA DBL-BA DBL-BA TCH-LIFT/SL  
 L R R L L R R L L/R  
 & 1 e& a 2e & a3 e & 4

**FLAT COWBOY DRAG BACK:**

[DS TnDn TnDn TnUp(XIF) SL]- (FWD) [DS(XIF) DR RS(XIF) DR RS(XIF)] - (BK)  
 L R L R L R R LR R LR  
 &1 e&a2 e&a3 e&a4 4 &5 & 6& 7 &8

**FOLLOW ME:**

DS TnDn(XIF) DS TnDn(XIF) R(OTS) S TnDn(XIF) (1/2R) DT BA DT BA TT SL  
 L R L R L R L R R L L R L  
 &1 e&a2 &3 e&a4 & 5 e&a6 e& a 7e & a 8

**WINDSTER ROCK:**

DS DT(XIF) H DT(X) H R(OTS) S R(BK) S DS R(BK) S R(OTS) S  
 L R L R L R L R L R L R L R  
 &1 & 2 & 3 & 4 & 5 &6 & 7 & 8

**PUMP TOUCH:**

DS-DR/K H TCH(XIF) H TCH(OTS) H  
 L L/R L R L R L  
 &1 & 2 & 3 & 4

**FANCY TWIST:**

DS DS DT [BA/BA] (H'S L) [BA/BA] (H'S R) LIFT/SL  
 L R L L/R L/R L /R  
 &1 &2 & 3 & 4

**FANCY TRIPLE:**

DS(OTS) DS(XIF) DS(XIB) R(OTS) S(XIF)  
 L R L R L  
 &1 &2 &3 & 4

**SATURDAY STEP:**

(P) BA DBL-BA(OTS) TCH(XIF) BA DBL-BA(OTS) TCH(XIF) SL  
 L R R L L R R L R  
 & 1 e& a 2 & a3 e & 4

**HOPPING JACKSON BREAK: (In this dance 1/4 L or 1/2 L)**

DS(OTS) HOP H-S(XIF) DS(OTS) HOP T-BA(XIB) DT [BA/FLA (P) FLA/BA (P) BA/FLA] (1/2L)  
 L L R R L L R R L L/R L/R L/R  
 &1 & a 2 &3 & a 4 &a 5 & 6 & 7

**HD/BA LIFT/SL**

L /R L /R  
 & 8

**FLAT STUMBLE STEP:**

DS TnDn(XIF) DS TnDn(XIF) DS TnDn(XIF) TnDn RS  
 L R L R L R L RL  
 &1 e&a2 &3 e&a4 &5 e&a6 &7 &8

**TRAVELLING PIVOT: (In this dance 3/4 R)**

DS(OTS) DS(XIF) DS(OTS) PVT(R)/LOOP-S(BK)  
 L R L / R R  
 &1 &2 &3 & 4

**FLAT SAMANTHA:**

DS TnDn(XIF) DR S(BK) DR S(BK) RS TnDn TnDn RS  
 L R R L L R LR L R LR  
 &1 e&a2 & 3 & 4 &5 e&a6 e&a7 &8

**JACKSON PIVOT: (FULL TURN R WHILE MOVING L)**

(P) S(OTS) PVT(1/2 R) S(OTS) PVT(1/2 R) S(OTS) (P) TCH(OTS)/BA (P) BA/TCH(OTS) (P)  
 L L R R L L /R L /R  
 & 1 & 2 & 3 & 4 & 5 &

**TCH(OTS)/BA (P) SL/SL K/DR SL**

L /R L/R L/R R  
 6 & 7 & 8

**JAZZ BOX:**

T-H(OTS) T-H(XIF) T-H(BK) T-H(BS)  
 L L R R L L R R  
 & 1 & 2 & 3 & 4