

Ex's & Oh's

Level	Intermediate	
Artist	Elle King	Length: 3:22
Choreo	Cheryl Holland & Peter WEE	
Speed	100% (Best dance between 88% - 90%)	
Sequence	A B C D A B C* D* B C* D**	
Wait	16 Beats	



<p><u>Part A (64 beats)</u> 8 Clogover Turn (1/2L) 8 Weevil Rocker 4 Rock Pull Touch Basic 4 Joey 8 Long Charleston Kick 32 REPEAT</p> <p><u>Part B (32 beats)</u> 8 Stepping Macnamara 4 Stomp Double (1/2R) 4 Rocking Chair 16 REPEAT</p> <p><u>Part C (32 beats)</u> 8 X & O 8 EK Lori & Turn (1/2R) 8 2 Windster 8 Let Go (1/2R)</p> <p><u>Part D (16)</u> 4 Travelling Triple (L) 4 Turkey 8 REPEAT</p> <p><u>Part A (64 beats)</u> 8 Clogover Turn (1/2L) 8 Weevil Rocker 4 Rock Pull Touch Basic 4 Joey 8 Long Charleston Kick 32 REPEAT</p> <p><u>Part B (32 beats)</u> 8 Stepping Macnamara 4 Stomp Double (1/2R) 4 Rocking Chair 16 REPEAT</p>	<p><u>Part C* (64 beats)</u> 8 X & O 8 EK Lori & Turn (1/2R) 8 2 Windster 8 Let Go 32 REPEAT</p> <p><u>Part D* (32)</u> 4 Travelling Triple (L) 4 Turkey (1/4L) 24 REPEAT 3 MORE TIMES</p> <p><u>Part B (32 beats)</u> 8 Stepping Macnamara 4 Stomp Double (1/2R) 4 Rocking Chair 16 REPEAT</p> <p><u>Part C* (64 beats)</u> 8 X & O 8 EK Lori & Turn (1/2R) 8 2 Windster 8 Let Go 32 REPEAT</p> <p><u>Part D** (13)</u> 4 Travelling Triple (L) 4 Turkey 5 Quad Basic</p>
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Step Description For "Ex's & Oh's"

CLOGOVER TURN:

DS (OTS) DS (XIF) DS (OTS) DS (XIB) DS (OTS) DT (XIF) BA/BA (R XIF) PVT (1/2 L) LIFT/H RS
L R L R L R L R L R L R L R LR
&1 &2 &3 &4 &5 & 6 & 7 &8

WEEVIL ROCKER:

DS DS H (WGT) /H (WGT) (LIFT T'S & CLK) FL/FL (T'S OUT) H (WGT) /H (WGT) (LIFT T'S & CLK) LIFT/FL RS DS DS RS
L R L /R L/R L /R L /R LR L R LR
&1 &2 & 3 & 4 &5 &6 &7 &8

ROCK PULL TOUCH BASIC: In this dance - S is FWD not OTS

RS (OTS) PULL-TT (BK) DS RS
LR L L L RL
&1 & 2 &3 &4

JOEY:

DS BA (XIB) BA (OTS) BA (OTS) BA (XIB) BA (BS) S
R L R L R L R
&1 & 2 & 3 & 4

LONG CHARLESTON KICK:

DS-DR/K SL T-H T-H RS DS RS K/DR-SL
L L/R L R R L L RL R LR L/R R
&1 & 2 & 2 & 4 &5 &6 &7 & 8

STEPPING MACNAMARA:

(P) S (OTS) (P) S (XIB) (P) S (OTS) (P) TCHH (OTS) BA (OTS) BA (XIB) BA (OTS) TCHH (OTS)
L R L R L R L R L R L R L R
& 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

BA (OTS) BA (XIB) BA (OTS) TCHH

L R L R
& 7 & 8

STOMP DOUBLE:

(P) STO DS DS RS
R L R LR
& 1 &2 &3 &4

ROCKING CHAIR:

DS BR H DS RS
L R L R LR
&1 & 2 &3 &4

X & O:

LIFT/DR H-FL S DS RS DS (XIF) DR (BK) S DR (BK) S RS
L/R L L R L RL R R L L R LR
& 1 & 2 &3 &4 &5 & 6 & 7 &8

EK LORI & TURN:

DS DT H DS DT H DS DS (XIB) H (WGT) /H (WGT) PVT (1/2 R) RS
L R L R L R L R L /R LR
&1 &a 2 &3 &a 4 &5 &6 & 7 &8

WINDSTER:

DS DT (XIF) H DT (OTS) H RS
L R L R L RL
&1 &a 2 &a 3 &4

TRAVELLING TRIPLE:

DS (OTS) DS (XIF) DS (OTS) RS
L R L RL
&1 &2 &3 &4

LET GO:-In this dance turn 1/2 R on &7&8

DS DT (XIF) H DT (OTS) H TT (OTS) H TT (XIB) H DT H DS RS
L R L R L R L R L R L R LR
&1 &a 2 &a 3 & 4 & 5 & 6 &7 &8

TURKEY:

LIFT/DR H-FL (OTS) S (XIB) DS RS
R /L R R L R LR
& 1 & 2 &3 &4

QUAD BASIC:

DS DS DS DS RS
L R L R LR
&1 &2 &3 &3 &5