

# ISTANBUL, NOT CONSTANTINOPE



**MUSIC:** by They Might Be Giants on the album Flood    **LENGTH:** 2:25  
**CHOREO:** Josh "ClogDog" King – Melbourne, Vic, Australia    Visit [www.theclogdog.com](http://www.theclogdog.com)  
**LEVEL:** Easy-Intermediate    **SPEED:** minus 5%    for cuesheets & videos  
**SEQUENCE:** Intro – A – B – C – Intro – B – C – Intro – B – C – Ending  
**WAIT:** 8 beats after the 'beat' kicks in – LEFT FOOT LEAD

Beats	Movement	Beats	Movement	Beats	Movement
<b><u>INTRO</u></b> (32 beats)					
16	4 Mountain Basics (1/4 L on each)	16	4 Mountain Basics (1/4 L on each)	16	4 Mountain Basics (1/4 L on each)
4	Joey	4	Joey	4	Joey
4	Triple (Full R)	4	Triple (Full R)	4	Triple (Full R)
4	Joey	4	Joey	4	Joey
4	Triple (Full R)	4	Triple (Full R)	4	Triple (Full R)
<b><u>PART A</u></b> (32 beats)					
4	Syncopation	4	2 Reverse Slur (fwd)	4	2 Reverse Slur (fwd)
4	Stomp Double (3/4 R)	4	4 Toe-steps (back)	4	4 Toe-steps (back)
4	2 Double Step Stamp	8	Istanbul Shuffle	8	Istanbul Shuffle
4	Fancy Double (1/4 L)				
4	Syncopation				
4	Stomp Double (3/4 R)				
4	2 Double Step Stamp				
4	Fancy Double (1/4 L)				
<b><u>PART B</u></b> (16 beats)					
4	2 Reverse Slur (fwd)				
4	4 Toe-steps (back)				
8	Istanbul Shuffle				
<b><u>PART C</u></b> (22 beats)					
4	2 Lori Step (fwd)	4	2 Lori Step (fwd)	4	2 Lori Step (fwd)
4	Chain (back)	4	Chain (back)	4	Chain (back)
4	2 Lori Step (fwd)	4	2 Lori Step (fwd)	4	2 Lori Step (fwd)
4	Chain (back)	4	Chain (back)	4	Chain (back)
6	Walk the Dachshund (Full L)	6	Walk the Dachshund (Full L)	6	Walk the Dachshund (Full L)
<b><u>ENDING</u></b> (9-ish beats)					
8	Shave & a Haircut				
1	Step (Raise arms and shout "Istanbuuuul!")				

**Step Explanations for: 'Istanbul, Not Constantinople' - Choreo by: J. King**

MOUNTAIN BASIC : (4)(in this dance-turn 1/4L)

(P) STO DT(UP) H DS RS  
 L R L R LR  
 & 1 & 2 &3 &4

JOEY: (4)

DS BA(XIB) BA(OTS) BA(OTS) BA(XIB) BA(BS) S  
 L R L R L R L  
 &1 & 2 & 3 & 4

TRIPLE : (4)

DS DS DS RS  
 R L R LR  
 &1 &2 &3 &4

SYNCOPATION : (4)

(P)STO DS STO DS STO  
 L R L R L  
 & 1 &a2 & 3a& 4

STOMP DOUBLE : (4)

(P)STO DS DS RS  
 R L R LR  
 & 1 &2 &3 &4

DOUBLE STEP STAMP : (2)

DS STA H  
 L R L  
 &1 & 2

FANCY DOUBLE : (4)

DS DS RS RS  
 L R LR LR  
 &1 &2 &3 &4

REVERSE SLUR : (2)

DS(XIF) SLR(BK TO F) H/LIFT  
 L R L/R  
 &1 & 2

TOE STEP : (1)

TCH-S  
 L L  
 & 1

LORI STEP : (2)(in this dance "DS(xif)"

DS DT H  
 L R L  
 &1 & 2

CHAIN : (4)

DS RS RS RS  
 L RL RL RL  
 &1 &2 &3 &4

WALK THE DACHSHUND : (6)

DS DS H(wgt) H(wgt) RS H(wgt) H(wgt)RS  
 L R L R LR L R LR  
 &1 &2 & 3 & 4 & 5 & 6

SHAVE & A HAIRCUT : (4)

(P) STO DS(XIF) S(BK) (P) S(OTS) S(XIF)  
 L R L R L  
 & 1 &2 & 3 & 4

STEP : (1)

(P) S(ots)  
 R  
 & 1

ISTANBUL SHUFFLE: (8)

(P) BO/BO(APART) BO/BO(XIF) BO/BO(APART) (P) BO/BO(XIF) BO/BO(APART) BO/BO(XIF) PVT (FULL L) CLAP  
 L/R L/R L/R L/R L/R L/R L/R L/R  
 & 1 & 2 & 3 & 4 &5& 6

(P) SL/SL DR/DR LIFT/SL

L/R L/R L/R  
 & 7 & 8