

THIS IS IT

Level: Basic +3 **Genre:** Alternative
Artist: Oh The Larceny
Choreo: Annette Cornish
Speed: 95-100% **Length:** 2.48 min
Sequence: A BR CH BRK A BR CH B BR CH*
Intro: Wait 16 Beats; Left Foot Lead



Quick Cues

Part A (32 beats)

8 Clogover Vine
4 Half Yes Ma'am (Rft)
4 Pivot Chain (1/2 R)

16 REPEAT

Bridge (16 beats)

8 2 Stomp & Long Pause
4 Rock Stomp & Long Pause
4 Stomp & Jog

Chorus (32 beats)

12 3 Pull Basic (Rft)
4 Triple (1/2 L)
12 3 Pull Basic (Rft)
4 2 Basic (1/2 L)

Break (16 beats)

16 2 Toe Heel Clogover (L&R)

Part A (32 beats)

8 Clogover Vine
4 Half Yes Ma'am (Rft)
4 Pivot Chain (1/2 R)

16 REPEAT

Quick Cues

Bridge (16 beats)

8 2 Stomp & Long Pause
4 Rock Stomp & Long Pause
4 Stomp & Jog

Chorus (32 beats)

12 3 Pull Basic (Rft)
4 Triple (1/2 L)
12 3 Pull Basic (Rft)
4 2 Basic (1/2 L)

Part B (48 beats)

2 Slur Step
2 2 Double Step
4 Slur Basic
2 Slur Step (Rft)
2 2 Double Step (Rft)
4 Slur Basic (Rft)
16 4 Slow Basketball Turn (1/4 R ea)
16 2 Cowboy (1/2 L ea)

Bridge (16 beats)

8 2 Stomp & Long Pause
4 Rock Stomp & Long Pause
4 Stomp & Jog

Chorus* (64 beats)

12 3 Pull Basic (Rft)
4 Triple (3/4 L)
48 REPEAT 3 TIMES



Step Definitions - This Is It

CLOGOVER VINE:

DS (OTS) DS (XIF) DS (OTS) DS (XIB) DS (OTS) DS (XIF) DS RS
L R L R L R L RL
&1 &2 &3 &4 &5 &6 &7 &8

HALF YES MA'AM:

DS DS R S (OTS) (P) TT (BK)
R L R L R
&1 &2 &3 &4

PIVOT CHAIN:

DS [RS RS RS] (TURN)
R LR LR LR
&1 &2 &3 &4

STOMP & LONG PAUSE:

(P) STO (P) (P) (P) (P) (P) (P)
L
& 1 & 2 & 3 & 4

ROCK STOMP & LONG PAUSE:

R STO (P) (P) (P) (P) (P) (P)
L R
& 1 & 2 & 3 & 4

STOMP & JOG:

(P) STO (P) STO (P) BA BA BA
L R L R L
& 1 & 2 & 3 & 4

PULL BASIC:

{P} S (DIAG) PULL-S (BS) DS RS
L R R L RL
& 1 & 2 &3 &4

TRIPLE:

DS DS DS RS
L R L RL
&1 &2 &3 &4

BASIC:

DS RS
L RL
&1 &2

TOE HEEL CLOGOVER:

T-H (OTS) T-H (XIF) T-H (OTS) T-H (XIB) T-H (OTS) T-H (XIF) T-H (OTS) RS
L L R R L L R R L L R R L L RL
& 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

SLUR STEP:

DS (OTS) SLR-S (XIB)
L R R
&1 & 2

DOUBLE STEP:

DS
L
&1

SLUR BASIC:

DS (OTS) SLR-S (XIB) DS RS
L R R L RL
&1 & 2 &3 &4

SLOW BASKETBALL TURN: (In this dance Pvt only turn 1/4 R)

(P) S (FWD) (P) PVT (1/2 R) (P) S (P) (P)
L L R
& 1 & 2 & 3 & 4

COWBOY:

[DS DS DS BR (XIF) H] (FWD) [DS (XIF) R (BK) S (XIF) R (BK) S (XIF) R (BK) S (XIF)] (BK)
L R L R L R L R L R L R
&1 &2 &3 & 4 &5 & 6 & 7 & 8