



COASTAL COWBOYS

Backwards



Artist: Rascal Flats

Level: Intermediate

Wait: After slow singing – start as soon as music starts! (approx 5 counts)

Choreographers: Jason & Leanne Nicholson

Sequence: A BK B A BK C BK2 D A Ending**

PART A (48)

- 4 Hit Step Vine
- 4 Burton Stamp (Full L)
- 4 Hit Step Vine
- 4 Burton Stamp (Full R)
- 4 Triple
- 4 Jog
- 8 Ida Wrong
- 4 Hand Slap
- 4 Turkey
- 4 2 Flap Basics
- 4 Stomp Basic Kick

BREAK (8)

- 8 MJ Sync Pause

PART B (32)

- 8 2 Lori Basics (1/4 L on each)
- 8 Cole Step
- 8 2 Lori Basics (1/4 L on each)
- 8 Cole Step

PART A (48)

- 4 Hit Step Vine
- 4 Burton Stamp (Full L)
- 4 Hit Step Vine
- 4 Burton Stamp (Full R)
- 4 Triple
- 4 Jog
- 8 Ida Wrong
- 4 Hand Slap
- 4 Turkey
- 4 2 Flap Basics
- 4 Stomp Basic Kick

BREAK (8)

- 8 MJ Sync Pause

PART C (32)

- 4 Black Mountain (1/4 L)
- 4 2 Basics
- 24 **REPEAT IN A BOX**

BREAK 2 (4)

- 4 Sync Pause

PART D (22ish)

- 8 2 Hard Steps
- 5 5 Double Steps
- 4 Stepping Vine
- 5 Pause

PART A (81)**

- 4 Hit Step Vine
- 4 Burton Stamp (Full L)
- 4 Hit Step Vine
- 4 Burton Stamp (Full R)
- 4 Triple
- 4 Jog
- 8 Ida Wrong

REPEAT ABOVE STEPS

- 4 Hand Slap
- 4 Turkey
- 4 2 Flap Basics (slow)
- 4 Stomp Basic Kick (slow)
- 1 Touch L toe on floor

ENDING (64)

- 8 Wait
- 8 8 Double Steps ("hey....")
- 4 Black Mountain (1/4 L)
- 4 2 Basics
- 4 Black Mountain (1/4 L)
- 4 2 Basics
- 4 Black Mountain (1/4 L)
- 4 2 Basics
- 4 Black Mountain (1/4 L)
- 4 2 Basics
- 8 Ida Wrong
- 8 MJ Sync Pause



STEP EXPLANATIONS FOR – Backwards

HIT STEP VINE: (4)

DS(OTS) TCHH(XIF) S(XIF) DS(OTS) TCHH(XIF) S(XIF)
L R R L R R
&1 & 2 &3 & 4

BURTON STAMP: (4)

DS STA(UP) H STA(UP) H STA(UP) H
L R L R L R L
&1 & 2 & 3 & 4

JOG: (4)

DS BA(FWD) BA(FWD) BA(BK) BA(BK) BA(BK) STEP
R L R L R L R
&1 & 2 & 3 & 4

IDA WRONG: (8)

DT(BK) SL BR(UP) SL DS(XIF) RS(XIF) R(OTS) S DS(XIF) RS(XIF) BR(UP) SL
L R L R L RL R L R LR L R
& 1 & 2 &3 &4 & 5 &6 &7 & 8

HAND SLAP: (4)

(USE L,R,L HANDS)

DS DR/K(XIF) SL/SLAP-RH DR/K(OTS) SL/SLAP-RH DR/K(XIB) SL/SLAP-RH
L R L R L R L
&1 & 2 & 3 & 4

TURKEY: (4)

(P) H-FL S(XIB) DS RS
L L R L RL
& 1 & 2 &3 &4

FLAP BASIC: (2)

DS (XIF) (LIFT TOE) FLAP
L L L
&1 & 2

MJ SYNC PAUSE: (8)

DS DS(XIB) R S(OTS) (P) S R STO DS STO (P) DS
L R LR LR L R L R
&1 &2 & 3 & 4 & 5 &6 & 7 &8

LORI BASIC: (4)

DS DT(UP) H DS RS
L R LR LR
&1 & 2 &3 &4

COLE STEP: (8)

DS SL RS SL RS S SL DS DS RS
L L RL L RL RR L R LR
&1 & 2 & 3 &4 & 5 &6 &7 &8

BLACK MOUNTAIN: (4)

DS BA/HD(F) BA/HD(F) (P) (TRN 1/4) BA/TT(BK) HD(F)/BA SL
L L/R L/R L/R L/R R
&1 & 2 & 3 & 4

SYNC PAUSE : (4)

(P) S DS S (P) DS
& 1 &2 & 3 &4
L R L R

STEPPING VINE: (4)

(P) S(OTS) (P) S(XIB) (P) S(OTS) (P) TCH-H(OTS)
L R L R
& 1 & 2 & 3 & 4