

COWBOY UP

Level: Easy Intermediate **Genre:** Country
Artist: Kaylee Bell (Single Available on iTunes)
Choreo: Cheryl Holland & Neville Flegg
Speed: Normal **Length:** 2:44
Sequence: A B C A* B C* B Ending
Wait: 8 Beats

Quick Cues

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Part A: (64 Beats)

4 Double Basic & Pull Touch
4 **2** Unclog
8 Burton Turn Around **(1/2R)**
8 Appalachian
4 Fancy Double
4 Rock Swing
32 REPEAT

Part B: (40 Beats)

4 Heel Toe Combo
4 Pivot Chain **(1/2R)**
4 Heel Toe Combo
4 Pivot Chain **(1/2R)**
8 Rock Slur
8 Samantha Extra
6 **3** Lori Step
2 Basic **(Rft)**

Part C: (16 Beats)

8 **4** Kick **(1/4L ea)**
8 **2** Slur Basic **(L&R)**

Part A*: (32 Beats)

4 Double Basic & Pull Touch
4 **2** Unclog
8 Burton Turn Around **(Full R)**
8 Appalachian
4 Fancy Double
4 Rock Swing

Part B: (40 Beats)

4 Heel Toe Combo
4 Pivot Chain **(1/2R)**
4 Heel Toe Combo
4 Pivot Chain **(1/2R)**
8 Rock Slur
8 Samantha Extra
6 **3** Lori Step
2 Basic **(Rft)**

Part C*: (24 Beats)

8 **4** Kick **(1/4L ea)**
8 **2** Slur Basic **(L&R)**
8 **2** Hillbilly

Part B: (40 Beats)

4 Heel Toe Combo
4 Pivot Chain **(1/2R)**
4 Heel Toe Combo
4 Pivot Chain **(1/2R)**
8 Rock Slur
8 Samantha Extra
6 **3** Lori Step
2 Basic **(Rft)**

Ending: (33 Beats)

8 **4** Kick **(1/4L ea)**
8 Rock Slur
8 Samantha Extra
8 **4** Kick **(1/4L ea)**
1 Step **(OTS)**



Step Definitions - Cowboy Up

DOUBLE BASIC & PULL TOUCH:

DS DS R S (BK) PULL-TCH (BS)
L R L R L L
&1 &2 & 3 & 4

UNCLOG:

STA-STO SK SL
L L R L
& 1 & 2

BURTON TURN AROUND:

DS DT (XIF) SL DT (X) SL [BA BA BA] (1/2 R) S-DR/K SL DS RS
L R L R L R L R L L /R L R LR
&1 & 2 & 3 & 4 & 5 & 6 &7 &8

APPALACHIAN:

DS-DR S S-DR S S DS DS DS RS
L L R L L R L R L R LR
&1 & 2 & 3 & 4 &5 &6 &7 &8

FANCY DOUBLE:

DS DS RS RS
L R LR LR
&1 &2 &3 &4

ROCK SWING: (in this dance on the & beat the rock is OTS)

RS BR H SLAP (BK) H TT (XIB) H
LR L R L R L R
&1 & 2 & 3 & 4

HEEL TOE COMBO:

DS TCHH (F) SL TT (BK) SL TCHH (F) SL
L R L R L R L
&1 & 2 & 3 & 4

PIVOT CHAIN:

DS [RS RS RS] (TURN)
R LR LR LR
&1 &2 &3 &4

ROCK SLUR:

DS (OTS) SLR-S (XIB) R S (OTS) SLR-S (XIB) R S (OTS) SLR-S (XIB) RS BR SL
L R R L R L L R L R R R LR L R
&1 & 2 & 3 & 4 & 5 & 6 &7 & 8

SAMANTHA EXTRA:

DS DS (XIF) DR S (BK) DR S (BK) S-K/S S S S/K-S S S
L R R L L R L L/R L R L/R R L R
&1 &2 & 3 & 4 & 5 & 6 & 7 & 8

LORI STEP:

DS DT H
L R L
&1 & 2

BASIC:

DS RS
R LR
&1 &2

KICK:

DS K H
L R L
&1 & 2

SLUR BASIC:

DS (OTS) SLR-S (XIB) DS RS
L R R L RL
&1 & 2 &3 &4

HILLBILLY:

DS TCH (F) H TCH (F) H TCH (F) H
L R L R L R L
&1 & 2 & 3 & 4

STEP:

(P) S
L
& 1