

FOLLOWING THE SUN

Level: Easy Intermediate **Genre:** Pop
Artist Super-Hi & Neeka
Choreo: Pat Stewart
Speed: -5% **Length:** 3.25
Sequence: A,B,Ch,C,A,B,Ch,C,D,Ch,C,D,End
Wait: 16 beats; Left foot lead.

Quick Cues

Part A (32 beats)

8 Samantha (**Angle L**)
8 2 Slur Basic
8 Samantha (**Angle R**)
8 2 Slur Basic

Part B (32 beats)

8 Bonanza
4 Joey
4 Fancy Double (**Rft**)
16 REPEAT OPP FOOTWORK

Chorus (32 beats)

8 Stomp Red Rooster (**L**)
8 High Horse (**Rft**)
16 REPEAT OPP FOOTWORK

Part C (32 beats)

32 4 Creeper Stomp Brush
(1/4 L ea)

Part A (32 beats)

8 Samantha (**Angle L**)
8 2 Slur Basic
8 Samantha (**Angle R**)
8 2 Slur Basic

Part B (32 beats)

8 Bonanza
4 Joey
4 Fancy Double (**Rft**)
16 REPEAT OPP FOOTWORK

Chorus (32 beats)

8 Stomp Red Rooster (**L**)
8 High Horse (**Rft**)
16 REPEAT OPP FOOTWORK

Part C (32 beats)

32 4 Creeper Stomp Brush
(1/4 L ea)

Quick Cues

Part D (40 beats)

32 4 Rock Slur Basic Brush
(1/4 L ea)
8 Long Jazz Box

Chorus (32 beats)

8 Stomp Red Rooster (**L**)
8 High Horse (**Rft**)
16 REPEAT OPP FOOTWORK

Part C (32)beats

32 4 Creeper Stomp Brush
(1/4 L ea)

Part D (40 beats)

32 4 Rock Slur Basic Brush
(1/4 L ea)
8 Long Jazz Box

ENDING (8 beats)

8 2 Slur Basic



Step Definitions - Following the Sun

SAMANTHA:

DS DS (XIF) DR S (BK) DR S (BK) RS DS DS RS
L R R L L R LR L R LR
&1 &2 & 3 & 4 &5 &6 &7 &8

SLUR BASIC:

DS (OTS) SLR-S (XIB) DS RS
L R R L RL
&1 & 2 &3 &4

BONANZA:

DS DS (XIF) DT H DT H DS (XIB) R (OTS) S (XIF) DS BR H
L R L R L R L R L R L R
&1 &2 & 3 & 4 &5 & 6 &7 & 8

JOEY:

DS BA (XIB) BA (OTS) BA (OTS) BA (XIB) BA (BS) S
L R L R L R L
&1 & 2 & 3 & 4

FANCY DOUBLE:

DS DS RS RS
L R LR LR
&1 &2 &3 &4

STOMP RED ROOSTER:

(P) STO DS (XIF) R (OTS) S (XIB) [S (OTS) S (XIF) DS RS RS RS] (MOVING L OR R)
L R L R L R L RL RL RL
& 1 &2 & 3 & 4 &5 &6 &7 &8

HIGH HORSE:

DS DT (XIF) SL DT (X) SL BA (OTS) BA (XIF) HD/BA LIFT/SL DS DS RS
L R L R L R L L /R L /R L R LR
&1 & 2 & 3 & 4 & 5 &6 &7 &8

CREEPER STOMP BRUSH:

DS [H-FL S (BK) H-FL S (BK) H-FL S (BK)] (DIAG R) STO STO DS RS BR H
L R R L R R L R R L R L R LR L R
&1 & a 2 & a 3 & a 4 & 5 &6 &7 & 8

ROCK SLUR BASIC BRUSH: (In this dance, turn 1/4 L on Basic)

DS (OTS) SLR-S (XIB) R S (OTS) SLR-S (XIB) R S (OTS) DS RS BR SL
L R R L R L L R L R LR L R
&1 & 2 & 3 & 4 & 5 &6 &7 & 8

LONG JAZZ BOX:

T-H (OTS) T-H (XIF) T-H (BK) T-H (OTS) T-H (XIF) T-H (BK) T-H (OTS) T-H (BS)
L L R R L L R R L L R R L L R R
&1 & 2 & 3 & 4 & 5 & 6 & 7 & 8