

# UPSIDE DOWN



**Level:** Easy Intermediate      **Genre:** Pop  
**Music:** Kiyomi Vella  
**Choreo:** Sandy Hambly, Seaside Cloggers, Coffs Harbour, NSW  
Email: [seasidecloggers@iinet.net.au](mailto:seasidecloggers@iinet.net.au)  
**Speed:** plus 5%      **Length:** 3:05  
**Sequence:** A B Chorus C B Chorus D A E  
**Wait:** 16 beats

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## Quick Cues

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### PART A (32 beats)

8 Toe Heel Crossover  
8 Toe Heel Clogover Fancy (L)  
8 2 Joey  
8 2 Outhouse

### PART B (16 beats)

8 Slur Double  
2 Basketball Turn (1/2 R)  
2 Basic  
2 Basketball Turn (1/2 L)  
2 Basic (Rft)

### CHORUS (32 beats)

8 Cowboy (Angle L)  
6 3 Hit Step (L)  
2 Basic  
8 Cowboy (Rft) (Angle R)  
6 3 Hit Step (R)  
2 Basic (Rft)

### PART C (32 beats)

8 2 Toe Heel Basic  
8 2 Heel Walk  
**16 REPEAT**

### PART B (16 beats)

8 Slur Double  
2 Basketball Turn (1/2 R)  
2 Basic  
2 Basketball Turn (1/2 L)  
2 Basic (Rft)

### CHORUS (32 beats)

8 Cowboy (Angle L)  
6 3 Hit Step (L)  
2 Basic  
8 Cowboy (Rft) (Angle R)  
6 3 Hit Step (R)  
2 Basic (Rft)

### PART D (32 beats)

8 2 Stomp Double Toe Heel  
8 2 Charleston  
**16 REPEAT**

### PART A (32 beats)

8 Toe Heel Crossover  
8 Toe Heel Clogover Fancy (L)  
8 2 Joey  
8 2 Outhouse

### PART E (31 beats)

16 2 Fancy Vine (L & R)  
12 3 Trigger  
3 Double Toe Heel Rock



Restamped 09/06/2022  
To current ACA Format & Terminology

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**STEP DESCRIPTIONS - UPSIDE DOWN**

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**TOE HEEL CROSSOVER:**

T-H(XIF)	TCH(OTS)	H	T-H(XIF)	TCH(OTS)	H	T-H(XIF)	TCH(OTS)	H	T-H(XIF)	TCH(OTS)	H
L L	R	L R R	L	R L L	R	L R R	L	R	L R R	L	R
& 1	&	2 & 3	&	4 & 5	&	6 & 7	&			8	

**TOE HEEL CLOGOVER FANCY:**

T-H(OTS)	T-H(XIF)	T-H(OTS)	T-H(XIB)	T-H(OTS)	T-H(XIF)	RS	RS
L L	R R	L L	R R	L L	R R	LR	LR
& 1	& 2	& 3	& 4	& 5	& 6	& 7	& 8

**JOEY:**

DS	BA(XIB)	BA(OTS)	BA(OTS)	BA(XIB)	BA(BS)	S
L R	L	R	L	R	L	L
& 1	&	2	&	3	&	4

**OUTHOUSE:**

DS	TCH(OTS)	H	TCH(XIF)	H	TCH(OTS)	H
L R	L R	L R	L R	L		L
& 1	&	2	&	3	&	4

**SLUR DOUBLE:**

DS(OTS)	SLR-S(XIB)	DS	DS	R	S(OTS)	SLR-S(XIB)	DS	RS
L	R R	L	R	L R	L L	RL	LR	
& 1	& 2	& 3	& 4	& 5	& 6	& 7	& 8	

**BASKETBALL TURN:**

(P)	S(FWD)	PVT(1/2)	R)	S
L	L	R		
& 1	&	2		

**BASIC:**

DS	RS
L	RL
& 1	& 2

**COWBOY:**

[DS	DS	DS	BR(XIF)	H]	(FWD)	[DS(XIF)	R(BK)	S(XIF)	R(BK)	S(XIF)	R(BK)	S(XIF)]	(BK)
L	R	L	R	L	R	L	R	L	R	L	R	L	R
& 1	& 2	& 3	&	4		& 5	&	6	&	7	&	8	

**HIT STEP:**

DS	H-S(XIF)
L	R R
& 1	& 2

**TOE HEEL BASIC:**

T-H	T-H	DS	RS
L	L	R R	RL
& 1	& 2	& 3	& 4

**HEEL WALK:**

DS	DS	H(WGT)	H(WGT)	RS
L	R	L	R	LR
& 1	& 2	&	3	& 4

**STOMP DOUBLE TOE HEEL:**

(P)	STO	DS	DS	T-H
L	R	L	R R	
& 1	& 2	& 3	& 4	

**CHARLESTON:**

DS	TCH(F)	H	T-H(BK)	RS
L	R	L	R R	LR
& 1	&	2	& 3	& 4

**FANCY VINE:**

DS(OTS)	DS(XIF)	DS(OTS)	RS	DS(XIF)	DS(OTS)	RS	RS
L	R	L	RL	R	L	RL	RL
& 1	& 2	& 3	& 4	& 5	& 6	& 7	& 8

**TRIGGER:**

DS	DS	T-H	T-H
L	R	L	L R R
& 1	& 2	& 3	& 4

**DOUBLE TOE HEEL ROCK:**

T-H	T-H	RS
L	L	R R LR
& 1	& 2	& 3