

Lay Down Sally

Level: Basic + 1

Genre: Country

Artist: Asleep At The Wheel

Choreo: Dieter Brown

Speed: Normal

Length: 3.17 min

Sequence: A B A B C A B* B* A*

Intro: Wait 16 beats; Left Foot Lead

Quick Cues

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Part A (28 beats)

8 Cowboy (1/2 L)
4 2 Kick
8 Cowboy (1/2 L)
4 2 Kick
4 2 Basic

Part B (36 beats)

12 Summey Vine
4 Triple (1/2 R)
12 Summey Vine
4 Triple (1/2 R)
4 2 Basic

Part A (28 beats)

8 Cowboy (1/2 L)
4 2 Kick
8 Cowboy (1/2 L)
4 2 Kick
4 2 Basic

Part B (36 beats)

12 Summey Vine
4 Triple (1/2 R)
12 Summey Vine
4 Triple (1/2 R)
4 2 Basic

Part C (32 beats)

8 Stumble Step
4 Pivot Chain (1/2 R)
4 Fancy Double
8 Stumble Step
4 Pivot Chain (1/2 R)
4 Fancy Double

Part A (28 beats)

8 Cowboy (1/2 L)
4 2 Kick
8 Cowboy (1/2 L)
4 2 Kick
4 2 Basic

Part B* (32 beats)

12 Summey Vine
4 Triple (1/2 R)
12 Summey Vine
4 Triple (1/2 R)

Part B* (32 beats)

12 Summey Vine
4 Triple (1/2 R)
12 Summey Vine
4 Triple (1/2 R)

Part A* (16 beats)

8 Cowboy
4 2 Kick
4 2 Basic



Step Definitions - Lay Down Sally

COWBOY: (This dance, 1/2 L on 3 RS)

[DS DS DS BR (XIF) H] (FWD) [DS (XIF) R (BK) S (XIF) R (BK) S (XIF) R (BK) S (XIF)] (BK)
L R L R L R L R L R L R
&1 &2 &3 & 4 &5 & 6 & 7 & 8

KICK:

DS K H
L R L
&1 & 2

BASIC:

DS RS
L RL
&1 &2

SUMMEY VINE:

[DS (OTS) DS (XIF) DS (OTS) R (XIB) BO/HD (OTS) (P) S (XIF) RS (XIF) DS (OTS)
L R L R L/R R LR L
&1 &2 &3 & 4 & 5 &6 &7
R (XIB) BO/HD (OTS) (P) S (XIF) RS (XIF) DS RS] (MOVING L)
R L/R R LR L RL
& 8 & 9 &10 &11&12

TRIPLE: (This dance, 1/2 R on 3 DS)

DS DS DS RS
L R L RL
&1 &2 &3 &4

STUMBLE STEP:

DS-DR S (XIF) DS-DR S (XIF) DS-DR S (XIF) DS RS
L L R L L R L L R L RL
&1 & 2 &3 & 4 &5 & 6 &7 &8

PIVOT CHAIN: (This dance, 1/2 R on 3 RS)

DS [RS RS RS] (TURN)
L RL RL RL
&1 &2 &3 &4

FANCY DOUBLE:

DS DS RS RS
L R LR LR
&1 &2 &3 &4