

Step Definitions - Fast Food Song

SWISH BASIC:

DT-BA/BA(H'S OUT) BA/BA(H'S IN) SL/LIFT DS RS
L L/R L/R L/R R LR
& 1 & 2 &1 &2

Optional arms:

*Basic, push arms forward, around & together like big pizza (Pizza arms)
Swish Basic, do Chicken wings with elbows then on Basic do Pizza arms above*

ROCK HEEL PULL:

R H(WGT DIAG) PULL-S(BS)
L R L L
& 1 & 2

Optional arms:

*On each R H(WGT), do an "M" with your arms over your head
Swish Basic, do Chicken wings with elbows then on Basic do Pizza arms above*

CLOGOVER VINE:

DS(OTS) DS(XIF) DS(OTS) DS(XIB) DS(OTS) DS(XIF) DS RS
L R L R L R L RL
&1 &2 &3 &4 &5 &6 &7 &8

Optional arms:

Take food order with imaginary note pad & pencil)

TRIPLE: (In this dance, Rft lead, turn 3/4 R)

DS DS DS RS
R L R LR
&1 &2 &3 &4

CROSS TOUCH:

DS TCH(XIF) H
L R L
&1 & 2

BASKETBALL TURN: (In this dance, turn 1/4R on PVT)

(P) S(FWD) PVT(1/2 R) S
L L R
& 1 & 2

TURKEY JIG:

LIFT/DR H-FL(OTS) S(XIB) (CAN BE A (P) FOR LIFT/DR)
L/R L L R
& 1 & 2

Optional arms:

Left palm out as though serving food

CHAIN:

DS RS RS RS(MOVE FWD BK L OR R)
L RL RL RL
&1 &2 &3 &4

Optional arms:

Left palm out as though serving food

CATAWBA:

DT-BA/HD BO/HD HD/BA HD/BO BA/HD HD/BA LIFT/SL
L L/R L/R L/R L/R L/R L/R L /R
& 1 & 2 & 3 & 4

Optional arms:

Hands together, shake to shoulder - pretend to be shaking a Milkshake

FONTANA:

DS BR(XIF) H
L R L
&1 & 2