

# How do I wrap my heart up for Christmas

**Level:** Basic **Genre:** Festive/Christmas  
**Artist:** Nashville Session Singers  
**Choreo:** Neville Flegg  
**Speed:** Plus 10% **Length:** 2.49 min  
**Order:** A B A C D A E  
**Wait:** 2 beats after sings "looks like Christmas is here..."

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## Quick Cues

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### Part A (32 beats)

8 Clogover Vine (L)  
4 Karate (1/2 R)  
4 Triple  
8 Clogover Vine (L)  
4 Karate (1/2 R)  
4 Triple

### Part B (34 beats)

8 Cowboy  
8 2 Rocking Chair (1/4 L)  
2 2 Double Step  
8 Cowboy  
8 2 Rocking Chair (1/4 L)

### Part A (32 beats)

8 Clogover Vine (L)  
4 Karate (1/2 R)  
4 Triple  
8 Clogover Vine (L)  
4 Karate (1/2 R)  
4 Triple

### Part C (16 beats)

4 Travelling Pivot (1/2 R)  
4 Fancy Double  
4 Travelling Pivot (1/2 R)  
4 Fancy Double

### Part D (34 beats)

4 Chain (L)  
4 Triple (3/4 R)  
4 Chain (L)  
4 Triple (3/4 R)  
2 2 Double Step  
4 Chain (L)  
4 Triple (3/4 R)  
4 Chain (L)  
4 Triple (3/4 R)

### Part A (32 beats)

8 Clogover Vine (L)  
4 Karate (1/2 R)  
4 Triple  
8 Clogover Vine (L)  
4 Karate (1/2 R)  
4 Triple

### Part E (16 beats)

8 Clogover Vine (L)  
4 Karate (1/2 R)  
4 Triple Stomp (1/2 R)



Restamped 23<sup>rd</sup> Nov 2021 to current ACA  
Format & Terminology.

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## Step Definitions - How do I wrap my heart up for Christmas

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### CLOGOVER VINE

DS (OTS) DS (XIF) DS (OTS) DS (XIB) DS (OTS) DS (XIF) DS RS  
L R L R L R L RL  
&1 &2 &3 &4 &5 &6 &7 &8

### KARATE

DS-PVT (1/2 L) /K H (P) S K H  
L L /R L R L R  
&1 & 2 & 3 & 4

### TRIPLE:

DS DS DS RS  
L R L RL  
&1 &2 &3 &4

### COWBOY

[DS DS DS BR (XIF) H] (FWD) [DS (XIF) R (BK) S (XIF) R (BK) S (XIF) R (BK) S (XIF)] (BK)  
L R L R L R L R L R L R  
&1 &2 &3 & 4 &5 & 6 & 7 & 8

### ROCKING CHAIR (in this dance, turn 1/4L on &2)

DS BR H DS RS  
L R L R LR  
&1 & 2 &3 &4

### TRAVELLING PIVOT (In this dance, turn 1/2 R on &4)

DS (OTS) DS (XIF) DS (OTS) PVT (R) /LOOP-S (BK)  
L R L L / R R  
&1 &2 &3 & 4

### FANCY DOUBLE

DS DS RS RS  
L R LR LR  
&1 &2 &3 &4

### CHAIN

DS RS RS RS (MOVE FWD BK L OR R)  
L RL RL RL  
&1 &2 &3 &4

### TRIPLE STOMP (In this dance, turn 1/2 R on 3 DS)

DS DS DS STO STO  
L R L R L  
&1 &2 &3 & 4