

Some Days You Gotta Dance

Level: Intermediate Plus (Buck & Flatfoot)

Record: Keith Urban – ‘Lone Star’ CD Or ‘The Ranch’

Sequence: Intro A B C A B C D C B

Choreo: Debbie Selby *Intro:* Wait 16 beats. Left foot lead.

Quick Cues

Intro

4 2 Buck Basics
4 Stomp Fancy Gallop

Part A

4 2 Tennessee Downs
4 Heel Walk (1/2 L)
4 2 Tennessee Downs
4 Heel Walk (1/2 L)

Part B

8 Jackaroo
8 Double Lori Skuff

Part C

8 Chasin’ the Heel
4 Lori Basic (1/2 L)
4 Flat Triple Brush
4 Rancher
8 Chasin’ the Heel
4 Lori Basic (1/2 L)
4 Stomp Fancy Gallop

Part A

4 2 Tennessee Downs
4 Heel Walk (1/2 L)
4 2 Tennessee Downs
4 Heel Walk (1/2 L)

Part B

8 Jackaroo
8 Double Lori Skuff

Part C

8 Chasin’ the Heel
4 Lori Basic (1/2 L)
4 Flat Triple Brush
4 Rancher
8 Chasin’ the Heel
4 Lori Basic (1/2 L)
4 Stomp Fancy Gallop

Part D

4 2 Buck Basics (1/4 L)
4 Travelling Flanges
4 2 Buck Basics (1/4 L)
4 Travelling Flanges
4 2 Buck Basics (1/2 L)
4 Travelling Flanges

Part C

8 Chasin’ the Heel
4 Lori Basic (1/2 L)
4 Flat Triple Brush
4 Rancher
8 Chasin’ the Heel
4 Lori Basic (1/2 L)
4 Stomp Fancy Gallop

Part B

8 Jackaroo
8 Double Lori Skuff



Step Explanation - Some Days You Gotta Dance

Buck Basic DT-BA TchH-BA_TchH-BA Tennessee DS Sk_DR(Pop) Slap_S
 L L R R L L Downs L R L R R
 & 1 & 2 &1 e & a 2

Stomp Fancy (P) STO DS BA-H_BA BA-H_BA
Gallop L R L RR L RR
 & 1 &2 & a 3 & a 4

Flat Triple Brush DS DS DS Sk_DR(Pop)_Slap-SL
 L R L R L R L
 &1 &2 &3 e & a 4

Jackaroo	[DS Sk_DR(Pop) Slap_S Sk_DR(Pop) Slap_S Sk_DR(Pop) Slap-SL] Fwd
	L R L R R L R L L R L R L
	&1 e & a 2 e & a 3 e & a 4
	[DS TTch-BA TTch-BA TTch-BA TTch-BA TTch-BA TTch-BA] Bk
	R L L R R L L R R L L R R
	&5 e & a 6 e & a 7 e & a 8

Chasin' The Heel DS TchH-H(wgt)_TchH-BA SLAP-BA_TchH-BA Sk Hop TchH-S(xif)
 L R R L L R R L L R L R R
 &1 e & a 2 e & a 3 e & a 4

Lori Basic DS DT H(1/2 L) DT-BA_TchH-BA_TchH-BA
 L R L R R L L R R
 &1 & 2 &a 3 e & a 4

Double Lori Skuff

DS DT H DS DT H BA(ots) BA(xib) BA(ots) SK SL BA(ots) BA(xib) BA(ots) SK SL
 L R L R L R L R L R L R L R L R
 &1 & 2 &3 & 4 & 5 & a 6 & 7 & a 8

Rancher DT/BO BO DT BO DT Tip(ib)/BA SL
 R L/R L/R R L/R R L R R
 & 1 & 2 & 3 & 4

Travelling Flanges

DT BA/FLA TchH(F)/BO TchH(F)/BO BA/FLA TchH(F)/BO TchH(F)/BO SL
 L L R L R L R L R L R L R R
 & 1 & 2 & 3 & 4